

2024 RESOURCE DIRECTORY



NEIGHBORHOOD PLACE OF PUNA

16-105 'Ōpūkaha'ia St.
Kea'au, HI 96749
(808)965-5550

TABLE OF CONTENTS

CAREER DEVELOPMENT/EDUCATION AND TRAINING	4
CHEMICAL DEPENDENCY/ADDICTION & RECOVERY	11
CHILDREN’S SERVICES	15
DOMESTIC VIOLENCE	27
FINANCIAL COUNSELING	31
FARMERS MARKET	33
FOOD PANTRY/HOT MEAL	35
HEALTH/MEDICAL	37
HOUSING/SHELTER	43
LEGAL	48
MENTAL HEALTH	51
PARENTING / PARENT GUIDANCE	56
SENIOR ASSISTANCE	58
SEXUAL ASSAULT	61
SMALL BUSINESS	63
TRANSPORTATION	64
INDEX	66

CAREER DEVELOPMENT/EDUCATION AND TRAINING

'AHA PŪNANA LEO *

Hilo Location: (808) 935-4304

Address: 96 Pu'uhonu Place, Hilo, HI 96720

Kona Location: (808) 323-8052

Address: 81-1004 Konawaena School Rd., Kealahou, HI 96750

Website: <https://www.ahapunanaleo.org/>

Kula Kamali'i Preschool

Eligibility: Children ages 3 - 5. There are Hilo, Kona, and Waimea locations.

Services Provided: From the moment a Pūnana Leo 'ohana (family) enters preschool, they are immersed in a rich and stimulating Honua (environment) where all must observe the kapu of "Hawaiian language only." The observance of the kapu helps families and their children learn Hawaiian quickly. New preschoolers learn simple phrases, sentences, and songs with the help of fluent Kumu (teachers) and older classmates. Many, if not all, Pūnana Leo preschoolers are able to speak Hawaiian within three or four months. Accepts tuition assistance.

Priority Application Period: Nov1st-Mar1st

New infant-toddler program: extension for Hilo only to service 9mo-3y/o.

Hikaa'o 'Ohana

Services Provided: Self-directed Hawaiian Language for keiki in-person. Includes 12 units. Each unit will include a combination of videos, songs, interactive games, writing and math activities. Enroll Online.

Aukukui Niulahiki, Online Hawaiian Language Courses

Services Provided: In 2009, 'Aha Pūnana Leo developed a flexible and affordable way for anyone to learn 'ōlelo Hawaii from anywhere and anytime. Niulahiki Distance Learning program is a self-directed, online Hawaiian medium education (HME) program, in which students can learn at their own pace, on their own schedule and register by lesson module. Enroll online. aha pu.

ALU LIKE INC. - EDUCATION, EMPLOYMENT & TRAINING PROGRAM

Hilo Location: (808) 961-2625

Address: 32 Kinoole St., Suite #102 Hilo, HI 96720

Kona Location: (808) 331-2820

Address: 74-5616 Alapa St. Suite 6A, Kailua-Kona, HI 96740

Hours: Mon. - Fri. 8:00 A.M. - 4:30 P.M

Website: <http://www.alulike.org>

Eligibility: Native Hawaiians, Alaskan Natives, and American Indians; Income eligibility.

Services Provided: Employment & Training Program provides year round services to eligible adults 18 years or older and youth ages 14-24. They provide a wide range of services which include outreach, intake, assessment, career counseling, work experience, occupational skills training, educational & tuition assistance, tutoring and internships. Elderly Services Department provides nutritional support for Native Hawaiians 60 years and older.

Employment & Training Program: Must be unemployed or underemployed or low income.

Year Round Employment & Training Youth Program Services: – Must be Low-income individual, Selective Service verification (all males age 18-25); 1st Priority – Veterans & Eligible Spouses of Veterans.

DREAM NAVIGATOR CAREER PLANNING SYSTEM INCENTIVE PROGRAM FOR

YOUTH: Youth ages 14-24 will be provided with a 1-year license to the dream navigator career planning system.

Eligibility: Birth certificate to show NH and Tribal registry, Low-income verification, SSC, ID (state or School), Current report card.

SUMMER SCHOOL TUITION & EDUCATIONAL INCENTIVE PROGRAM: Incentive given after summer school has been completed and report card is submitted to Alu Like.

ARC OF HILO- EMPLOYMENT TRAINING SERVICE (ETS)*

Hilo Location: (808) 935-8535

Address: 1099 Waianuenue Avenue Hilo, HI 96720

Hours: Mon.- Fri. 7:30 A.M- 3:30 P.M

Kona Location: (808) 323-2626

Address: 81-990 Halekii Street Suite 150. Kealahou, HI 96750

Hours: Mon. - Fri. 7:30 A.M. - 3:30 P.M.

Adult Day Classroom: 8am-2pm

Hours: Mon. – Fri. 7:00 A.M. – 4:30 P.M.

Eligibility: People with developmental and other disabilities. Must be aged 16 or older, certified as disabled and referred to “The Arc of Hilo” by the Hawaii State Department of Vocational Rehabilitations (DVR), qualified for a Medical Waiver (Community Support Services) or the LASR program, or wishes to purchase training as an individual or agency.

Services Provided: Prepares individuals with disabilities for competitive employment in the community, identifies the individual’s interests, skills and areas that need improvement. Offers hands-on training and support for interviews and other job skills for successful transition to employment. The Career Exploration program assists those between the ages of 16 - 22 to explore career options. The Arc of Hilo Organic Farm offers an opportunity to learn hydroponic farming, marketing, and distribution of produce through the Adult Day Health, Supported Employment, and Career Exploration programs.

Website: <http://www.arcof hilo.org>

DISABILITY & COMMUNICATION ACCESS BOARD (DCAB)

Phone: (808)586-8121

Hawaii County: (808)974-4000 ext. 6-8121#

Address: 1010 Richardson St. Suite 118 Honolulu, HI 96813

Hours: 7:45 A.M. – 4:30 P.M. M-F

Services Provided: DCAB provides advice and recommendation on legislation, rules, policies, procedures, and plans relating to persons with disabilities and their civil rights or service needs.

Website: <https://health.hawaii.gov/dcab/>

DEPARTMENT OF HUMAN SERVICES

Online SNAP/Financial Assistance App.: <https://pais-benefits.dhs.hawaii.gov/>

South Hilo: (808) 981-2754

Address: 1990 Kinoole St. Suite 108 Hilo, HI 96720

North Hilo: (808) 933-0331
Address: 13 Kekaulike St Hilo, HI 96720

South Kona: (808) 323-7573
Address: 82-6130 Mamalahoa Hwy, Bldg 2 Captain Cook, HI 96704

North Kona: (808) 327-4980
Address: 75-5722 Hanama Place, 1105 Kailua, HI 96740

Kohala: (808) 889-7141
Address: 54-3900 'Akoni Pule Hwy Kapa'au, HI 96755

Ka'ū: (808) 939-2242
Address: 95-5669 Māmalahoa Hwy Na'alehu, HI 96772

Kamuela-Hāmākua: (808) 775-8854
Address: 45-3380 Māmane St Bldg 1 Rm 110 Honoka'a, HI 96727

Hours: 9am-3pm

Eligibility: Meet the income requirements.

Services Provided: SNAP, TANF, and other financial help for individuals and families. Call for more details.

EMPLOYMENT FOR PERSONS WITH DISABILITIES - Vocational Rehabilitation (VR)

Hawai'i Branch: 808-974-6444

Address: 75 Aupuni St., Rm 110, Hilo, HI 96720

Kona Section: 808-323-0025

Address: 75-5722 Kuakini Hwy., Ste 213, Kailua-Kona, HI 96740

Eligibility: Must have a physical or mental impairment which constitutes or results in a substantial impediment to employment, can benefit from VR services to reach an employment outcome, and require VR services to prepare for, maintain, or regain employment.

Services Provided: Provides substantial services which assist an individual to achieve an employment outcome. Services include assessment, counseling and guidance, vocational training, personal adjustment, high school transition, job placement and follow-up, maintenance and transportation, independent living services, assistive technology, personal attendant services, supported employment, and post-employment services.

GOODWILL INDUSTRIES OF HAWAII, INC.

Phone: (808) 933-9675

Address: 200 Kanoelehua Ave. #102 Hilo, HI 96720

Hours: Mon. - Fri. 7:45 A.M. - 4:30 P.M.

Website: www.higoodwill.org

Employment Services for Low Income Persons:

Eligibility: 18 years of age or older and meets the income criteria

Services Provided: Job training in a relaxed classroom environment. Teach the skills necessary to obtain and maintain employment.

Employment Services for Legal Permanent Residents:

Eligibility: Legal Permanent Residents who meet the income criteria

Services Provided: Job training in a relaxed classroom environment. Teach the skills necessary to obtain and maintain employment.

Career Readiness & Education Development Program:

Eligibility: Call office for details.

Services Provided: Offers practical job preparation. Help with finding the right career and develop a pathway to satisfactory employment.

Ola I Ka Hana Program:

Phone: (808) 443-5865

Address: 500 Kalaniana'ole Ave., Suite #3 Hilo, HI 96720

Eligibility: Anyone under the age of 24, comes from a low-income family, does not need to attend school, have no high school diploma but not limited to.

Services Provided: Addresses educational goals, job skills, and employability. Participants receive job readiness, job search and interviewing skills, job applications and career interests.

HAWAIIAN COMMUNITY ASSETS*

Phone: (808) 934-0801

Hours: 8am-5pm

Address: 1315 Kalaniana'ole Avenue Hilo, HI 96720

Services Provided: HCA Financial Opportunity Centers (FOC) are career and financial coaching service centers located across the islands that help our low- to moderate- income residents build smart money habits and focus on the financial bottom line. HCA certified counselors operate FOCs across the state providing free financial counseling, income supports, and employment & entrepreneur coaching.

Homeowner Assistance Fund (HI Island, HCL):

Budget/credit counseling and workshops, home improvement and mortgage counseling, homebuyer education workshops, pre and post purchase counseling and workshops, rental and homeless counseling.

Debt Consolidation Loan: Apply online. 18+ years old. Basic general consolidation loans can cover items in collections, public records items, or high interest credit cards.

Credit Builder Loan: Must be enrolled for financial counseling. Helps people save money while building credit. Apply online.

IDA Match Program: Must be Native Hawaiian. Covers first month rent and security deposit. And assists with closing costs and buying a home. Apply online through the HCA website.

Website: <https://hawaiiancommunity.net/>

HAWAII RISE FOUNDATION

Phone: (808) 969-1169

Address: 11 Silva St, Hilo, HI 96720

Hours: Thursday 9am - 4pm

Eligibility: Youth, Kupuna, DV victims.

Services Provided: Scholarships, community workshops, education/development, culturally driven.

Website: <https://hawaiirisefoundation.com/>

HAWAII YOUTH CHALLENGE ACADEMY

Main Phone: Call or Text(808) 430-4184

Fax: (808) 933-9902

Address: 1046 Leilani St. Building 621 Hilo, HI 96720, PO BOX 5210 Hilo, HI 96720

Hours: Mon. – Fri. 8:00 A.M. – 4:00 P.M.

Eligibility: voluntarily 16 – 18 years old, At Risk of dropping out/have already dropped out of high school,or in need of a high school diploma, U.S. citizen and Hawai'i resident. Must be physically and mentally able to participate in the program and free of any legal court matter (depends on court case).

Services Provided: 22 week drug-free residential program (Phase One), assist youth achieve their high school diploma, learn life, develop coping and job skills, and join community service programs throughout the program. Phase two of the program 52 weeks after completion of the Phase One program staff helps youth to attend college, vocational school, find employment and the military. This phase is to follow up with the success of completion.

Fees: none, based on scholarship

Website: <https://dod.hawaii.gov/yca/>

HO'OLA FARMS - VETERAN SERVICES

Phone: 808-756-6026

Main Office: 230 Kekuanaoa st., Hilo, HI 96720

Address: Food Hub, 555 Kalaniana'ole St Suite B, Hilo, HI 96720

Eligibility: Veterans and/or first-responders and their caregivers.

Services Provided: Natural educational training and hands-on experiences for military veterans and first responders, their families and caregivers, and the community in hopes of creating a more sustainable future. Kupuna markets, grow workshops, etc.

Website: <https://hoolafarms.org/>

JOB CORPS - U.S. DEPARTMENT OF LABOR

Phone: (808) 259-3220 or 1-800-733-JOBS (5627)

Fax: (808) 259-7907

Address: 41- 467 Hihimanu St. Waimanalo, HI 96795

Hours: Mon. - Fri. 8:00 A.M. - 4:00 P.M.

***Services available on Oahu and Makawao Campus**

Eligibility: Disadvantaged young person between 16 - 24 years of age. Minors need signed consent from parent/guardian, meet the Department of Labor's low income guidelines, be in need of vocational training, education or support, have a child care plan, if they have a dependent child, show commitment and capability. Must be a legal United States resident who has no court involvements/obligations.

Services Provided: Learn a trade, earn a high school diploma or GED, get help finding a job, develop employability and personal responsibility skills and develop personal career plans.

Website: <https://hawaii.jobcorps.gov/>

LA'I'OPUA LAPA'AU HEALTH ACADEMY - CNA PROGRAM

Phone: (808) 327-1221

Fax: (808) 327-1223

Address: 74-5210 Keanalehu Dr. Kailua Kona, HI 96740

Eligibility: West Hawaii focused, elementary grade students/families who are interested in after school programs.

Services Provided: Offers after school enrichment program K-5th, Free Program, at Kealakehe Elementary and Konawaena Elementary.

Website: <https://www.laiopua.org/>

OFFICE OF HAWAIIAN AFFAIRS – (OHA)

Hilo Office: (808) 295-0236

Fax: (808) 933-3110

Address: 484 Kalanikoa st. Hilo, HI 96720

Kona Office: (808) 327-9525

Fax: (808) 327-9528

Address: 75-1000 Henry Street, Ste. 205 Kailua-Kona, HI 96740

Hours: Mon. – Fri. 8:00 A.M. – 4:00 P.M. (Registration hours is till 3:30)

Eligibility: Native Hawaiian ancestry. Documents needed: birth certificate and photo I.D.

Services Provided: Small business loans, personal loans (must be in good standing in credit score) and scholarships. Call for more details or questions.

Website: www.oha.org

SPECIAL EDUCATION DIAGNOSTIC SERVICES - DEPARTMENT OF EDUCATION

Hilo Location: (808) 974-4403

Address: 450 Waiuanue Ave. Rm. 4 Hilo, HI 96720

Hours: 7:45 A.M. - 4:30 P.M.

Kona Location: (808) 323-0015

Address: 81-1080 Konawaena School Rd. Kealakekua, HI 96740

Hours: Mon. – Fri. 7:45 A.M. – 4:30 P.M.

Eligibility: Must qualify under the federal law of IDEA

Services Provided: Screening and evaluation as needed for children suspected of having a disability. Free of charge.

THE KOHALA CENTER

Phone: 808-887-6411

Fax: 808-885-6707

Address: 65-1291A Kawaihae Road, Kamuela, HI 96743

Eligibility: K-12 student or recent graduate. Volunteers of all ages.

Services Provided: Independent, community-based focused on research, education, and 'āina stewardship for healthier ecosystems. By turning ancestral knowledge and research into daily practice, we cultivate conditions that reconnect us with our place, water, food, and people, so that communities in Hawai'i and around the world can thrive—ecologically, culturally, economically, and socially. Provides free week long agriculture programs for students to participate in and learn about.

KAHALU'U BAY EDUCATION CENTER

Services Provided: Promote reef-friendly practices to visitors in an effort to protect the bay's fragile ecosystem and ensure the bay and park remain a clean, safe, and welcoming place for visitors and residents alike.

UPWARD BOUND – UNIVERSITY OF HAWAII HILO

Phone: (808) 932-7517

Fax: (808) 932-7512

Address: 200 W. Kawili St. Building 346 Hilo, HI 96720

Hours: Mon. – Fri. 8:00 A.M. – 4:30 P.M.

Eligibility: High School student, U.S. citizen, meeting federal low-income criteria, or where neither parent has earned a four-year college degree.

Services Provided: Academic Advising & Counseling, PSAT, Sat & Act Preparation, College And Career Exploration, Academic Skill & Personal Development Workshops, Team Building & Leadership Development, Academic Instruction, Tutoring & Mentoring, Educational, Cultural, Enrichment Field Trips, College Tours, Assistance Completing College Admissions, Financial Aid & Scholarship Applications. Six Week Summer Residential Academic Enrichment Program On The University Of Hawaii At Hilo Campus And Summer Exchange Opportunities To Other Colleges With Upward Bound Programs. * **For questions or applying please call.**

Fees: Free, Application available online.

Website: <https://hilo.hawaii.edu/upwardbound/>

WAIPAHA COMMUNITY SCHOOL FOR ADULTS

Hilo Campus*: (808) 974-4100

Address: Located at Waiakea High School 155 W Kawili St. P27, Hilo, HI 96720

Hours: Mon - Fri: 8:30 A.M. - 4:30 P.M.

Kona Campus: (808) 313-3032

Address: Located at Kealakehe Intermediate School 74-5062 Onipa'a Street, Kailua-Kona, HI 96740

Hours: Mon - Fri: 8:30 A.M. - 4:30 P.M. by appointment only.

Services Provided: Provides educational opportunities to help individuals improve literacy and numeracy skills; earn a highschool equivalency; and/or transition to post-secondary education, work training, employment and careers. Registration and \$20 enrollment fee payment available online. (Book, laboratory, and other program fees may apply).

Website: <https://www.wcsahawaii.org/>

WIA YOUTH PROGRAM

Phone: (808) 981-2860 Ext. 229

Address: 1990 Kinoole St. Suite 102 Hilo, HI 96720

Hours: Mon. – Fri. 8:00 A.M. – 4:00 P.M.

Eligibility: Must be between the ages of 14 and 21 years and meet one of the following criteria; deficient in basic literary skills, school dropout, homeless, pregnant or a parent, offender, runaway, foster child. Males over 18 must also meet the additional requirement of registration for Military Selective Service.

Services Provided: Some of the services provided to Youth Program participants include: tutoring, occupational training, basic skills preparation, internships, job shadowing, and other services.

Website: <https://labor.hawaii.gov/wdd/job-seekers/wia/youth/>

WORKFORCE DEVELOPMENT COUNCIL- AMERICAN JOB CENTER

Phone: (808) 935-6527

Address: 88 Kanoelehua Avenue A-204, Hilo, HI 96720

Hours: Mon. - Fri. 7:45 A.M. - 4:30 P.M. Resource center: 9am-3pm

Eligibility: Unemployed, displaced workers, immigrants (must prove immigration status).

Services Provided: Career counseling, HireNet Hawaii support, skills training, job search assistance and a resource center. Senior work program.

Website: <https://labor.hawaii.gov/wdc/american-job-centers/>

CHEMICAL DEPENDENCY/ADDICTION & RECOVERY

ACCESS CAPABILITIES, INC

Pahoa Location: (808) 965-1198

Address: 15-2874 Pahoa Village Road Pahoa, HI 96778

Kona Location: (808) 334-0979

Address: 74-5883 Pawai PLC., Kailua-Kona, HI 96740

Services Provided: Offers affordable services for the recovery and prevention of substance abuse and recovery including; Clean and Sober living, intensive outpatient services, low intensity outpatient services, outpatient services, early intervention, recovery information, individual & group counseling, family & couples counseling, family recovery skills.

Also offers violence intervention programs that include individual, group, family, and couples counseling. *Mens Clean and sober living located in Kealakehe.

Website: <https://kaupum.wixsite.com/accesscapabilities>

ALCOHOLICS ANONYMOUS

Phone: (808) 961-6133 *Hotline-24hours*

East Hawaii Meeting Location: 16-494 Old Volcano Rd, Kea'au, HI 96749

Meeting Time: 2nd Thursday, 6:00 PM

Website: <http://easthawaiiiaa.org/>

West Hawaii Office Location: 74-5606 Pawai Place, Suite 102 Kailua Kona, Hawaii 96740

Office Phone: (808) 329-1212

Website: <https://www.westhawaiiiaa.org/>

Eligibility: People in recovery from addiction to alcohol, the only requirement for membership is a desire to stop drinking.

Services Provided: Online and In-person meetings available from Papaikou to Pahoa. Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Primary purpose is to stay sober and help other alcoholics to achieve sobriety.

AMERICAN LUNG ASSOCIATION "QUIT LINE" : 1-800-586-4872

Services Provided: Provides education, advocacy, and research surrounding lung health/diseases and smoking cessation.

BIG ISLAND SUBSTANCE ABUSE COUNCIL (BISAC)

Administration: (808) 969-9994

Address: 16-179 Melekahiwa St. Keaau, HI 96749

Hours: Mon. - Fri. 8:00 a.m. - 5:00 p.m.

East HI Outpatient Treatment: (808) 935-4927

Address: 297 Waiānuenu Avenue Hilo, HI 96720

West HI Outpatient Treatment: (808) 322-3100

Address: 75-5722 Kuakini Highway #217 Kailua-Kona, HI 96740

Eligibility: Adults, Adolescents, Infants and Toddlers.

Services Provided: Wide range of treatment services for substance abuse and mental health for adults, adolescents, and infants and toddlers. Services include day treatment, intensive outpatient, school-based treatment, Moms & Babies, individual counseling,

therapeutic nursery, pregnant and post-partum case management. *Transportation available
Health and wellness services including counseling/therapy and smoking cessation.

Fees: Insurance accepted

Website: <https://bisac.org/>

GOING HOME HAWAII

Hilo Location: (808) 491-2437

Address: 80 Pauahi St., Suite #206, Hilo, HI 96720

Kona Location: (808) 464-4003

Address: 75-5708 Alahou Street, Apt 2C Kailua-Kona, HI 96740

Services Provided: Reentry/Recovery Housing in Kona & Hilo. Reentry and Recovery Housing has separated housing programs for men & women 18+ years who have been involved with the criminal justice system within the past twenty-four (24) months.

Eligibility: Be employed or actively seeking employment and/or job training, or Be enrolled in or actively applying for higher education aimed towards employment Have the ability to pay a monthly program fee of, be able to live independently Be relatively self-sufficient, clean and sober from alcohol and/or illegal substances. Be willing to participate in Native Hawaiian cultural classes and activities, including the E Ho`okanaka ("Be a person of worth") curriculum.

HIGH FUSE:

Program Manager: Kristine Hennig (808) 333-7864

Address: 80 Pauahi St., Suite #206, Hilo, HI 96720

Services Provided: Supportive housing program geared towards justice involved community members, offering navigation/support programs with justice navigators who go out into the community offering services to the unsheltered homeless who are justice involved, providing: advocacy, reminders (court), transportation, etc.

Eligibility: Justice involved and homeless or at risk of homelessness.

HAWAII TOBACCO QUITLINE

Phone: 1-800-784-8669

Eligibility: Access to phone or online.

Services Provided: FREE Withdrawal support, coaching, customized quit plan, online community and progress tracker. Apply/Enroll online.

Website: <https://hawaii.quitlogix.org/en-US/Enroll-Now>

HAWAII ISLAND SOBER LIVING-HONU HOUSE HAWAII

Phone: 808-895-7356

Address: 73-4592 Mamalahoa Hwy., Kailua Kona, HI 96740

Eligibility: 18 years and older, medical clearance from a physician(call for more details), men & women accepted. At the moment NOT accepting any insurance at this time.

Services Provided: Addiction counseling programs, Residential counseling, Extended Care, Primary Care, Detox, Family Services, and Sober Companion. After care support.

Website: <https://honuhousehawaii.com>

ADDICTION COUNSELING*

Services Provided: to address addiction and co-occurring disorders like depression, providing comprehensive rehabilitation and guiding you toward lasting recovery. Integrated treatment programs are tailored to your individual needs. Overcoming substance abuse or behavioral addictions through professional intervention, therapy, and support.

RESIDENTIAL COUNSELING*

Services Provided: Primary Care & Extended Care. Primary Care provides continuing care plans and personal care services to support individuals' long-term recovery. Includes access to support groups, relapse prevention strategies, and ongoing therapy to promote sustained wellness. Extended Care provides comprehensive continuing care plans and personal care support individuals transitioning back to everyday life. Ongoing therapy sessions, life skills training, relapse prevention strategies, educational support and assistance with integrating back into the community.

FAMILY SERVICES*

Services Provided: A supportive environment where family members can learn about addiction, its effects, and effective ways to support their loved one's recovery. Counseling and educational sessions that foster

KU ALOHA OLA MAU - METHADONE CLINIC (DASH)

Phone: (808) 961-6822

Fax: (808) 934-9360

Address: 900 Leilani St. Hilo, HI 96720

Hours: Mon.-Fri. 5:30a.m. - 1:30p.m.

Services Provided: Treatment, Methadone, Outpatient detox, Intensive outpatient, dually diagnosed, HIV/AIDS, Pregnant women.

Fees: Medicaid, Private insurance.

Website: <https://www.kualoha.com/>

LOKAHI TREATMENT CENTER

Hilo Location: (808) 969-9292

Address: 400 Hualani St. Building 10 Suite #195 B Hilo, HI 96720

Pahoa Location: (808) 965-5535

Address: 15-2866 Pahoa Village Rd, Building E, Suite 3, Pahoa, HI 96778

Waikoloa Location: (808) 883-0922

Address: 68-1845 Waikoloa Rd suite 224-b, Waikoloa Village, HI 96738

Kailua-Kona Location: (808) 331-1175

Address: 76-6225 Kuakini Hwy., Suite B105 Kailua-Kona, HI 96740

Hours: Mon, Tues & Thurs: 8:00 A.M. – 4:30 P.M.

Services Provided: Evaluations and assessments, intensive outpatient and after-care groups for individuals, anger management, mental health assessments (must be registered as a client), U.A Domestic Violence support for males.

Fees: Accepts insurance, also calls for fees.

Website: [HTTP://WWW.LOKAHITREATMENTCENTERS.NET/](http://WWW.LOKAHITREATMENTCENTERS.NET/)

NARCOTICS ANONYMOUS

West Hawaii: (808) 769-6016

East Hawaii: (833) 624-7463

Address: online or in-person location varies depending on meeting/program choice. (Meeting schedule available on website)

Hours: 24-hours

Eligibility: Desire to stop using, open to any drug addict, regardless of the particular drug or combination of drugs used.

Services Provided: Narcotics Anonymous provides a recovery process and support network. One of the keys to NA's success is the therapeutic value of addicts working with other addicts. Members share their successes and challenges through the Twelve Steps and Twelve Traditions of NA.

Fees: Members may contribute to help cover expenses but contributions are not mandatory.

Website: www.na-hawaii.org

CHILDREN'S SERVICES

See also "Parenting" and "Mental Health"-

TO REPORT CHILD ABUSE OR NEGLECT 24 HOUR INTAKE LINE: 1-888-380-3088

CHILD ABUSE 24-HOUR HOTLINE: 1-800-422-4453

BOYS & GIRLS CLUB OF THE BIG ISLAND (BGCBI)

Eligibility: Ages 6-17 and application forms.

Services Provided: Various programs including after-school sports and childcare, summer and additional school break programs.

Fees: Annual membership fee of \$10.

Website: <https://www.bgcbi.org/>

Hilo Club

Phone: (808) 345-0794

Address: 100 Kamakahonu St. Hilo, HI 96720

Hours: Mon. – Fri. 2:00 P.M. - 5:00 P.M. (Office: 7:00 A.M – 5:00 P.M.)

Keaau Club

Phone: (808) 437-3827

Address: 16-680 Keaau-Pahoa Rd, Keaau, HI 96749

Hours: Mon. – Fri. 2:00 P.M. - 5:00 P.M.

Pahala Club

Phone: (808) 756-5285

Address: 96-3150 Pikake St, Pahala, HI 96777

Hours: Monday – Friday 2:00 P.M. - 5:00 P.M.

Ocean View Club

Phone: (808) 731-9025

Address: 92-8924 Leilani Circle, Ocean View, HI 96737

Hours: Monday – Friday 2:00 P.M. - 5:00 P.M.

Kealakehe Club

Phone: (808) 365-4199

Address: 74-5118 Kealakaa St, Kailua-Kona, HI 96740

Hours: Monday – Friday 2:00 P.M. - 5:00 P.M.

South Kona

Phone: (808)-339-8634

Address: 81-6630 Hawai'i Belt Rd, Kealakekua, HI, 96750

Hours: Monday – Friday 2:00 P.M. - 5:00 P.M.

CASE MANAGEMENT AND INFORMATION SERVICES BRANCH DEVELOPMENTAL DISABILITIES DIVISION - DEPARTMENT OF HEALTH

Phone: (808) 974-4280

Address: 75 Aupuni st. Hilo, HI 96720 (no room number) 2nd floor in the back facing the county building

Hours: Mon. – Fri. 7:45 A.M. – 4:30 P.M.

Eligibility: Persons who are diagnosed with intellectual disabilities, developmental disabilities or traumatic brain injury before age 21, must be living at home. To determine eligibility, call for an appointment to do an intake, referral by physician.

Services Provided: Case management and advocacy, family support, respite care, reimburse family for caregivers, personal assistance, habilitation, supported employment services, specialized services, specialized medical equipment and supplies, environmental access adaptation, adult day health, skilled nursing, and non-medical transportation.

Additional services include: sign language interpreter, bilingual interpreter and TTY hearing impaired telephone services.

CHILD & ADOLESCENT MENTAL HEALTH DIVISION (CAMHD) - DEPARTMENT OF HEALTH

Phone: (808) 974-6006

Fax: (808) 94-6000

Hours: 745a-4:30p

Address: 88 Kanoelehua avenue suite B107 Hilo, HI 96720

Eligibility: Children age 3 and older. Adults up to the age of 20. They can be referred by anyone, but to receive services they must meet the following criteria: Have an Individualized Education Plan (IEP) that identifies the need for mental health services, or Have MedQuest and meet "Support for Emotional and Behavioral Development" (SEBD) program requirements, or Referred by the Office of Youth Services (OYS) and meet program requirements.

Services Provided: CAMHD provides services for youth ages 3-20 with complex emotional and behavioral problems. Case management and clinical support is provided by our Family Guidance Centers (FGC's) and clinical treatment for youth with complex emotional and behavioral problems are also provided through CAMHD's contracted services providers.

Website: health.hawaii.gov/camhd/

CHILD AND FAMILY SERVICES

Hilo Location: (808) 935-2188

Address: 1045A Kilauea Avenue, Hilo, HI 96720

Hours: Mon. - Fri. 8:30 A.M. - 5:30 P.M.

Kona Location: (808) 323-2664

Address: 81-6587 Mamalahoa Hwy. Bldg. C, suite C-101, Kealahou, HI 96750

Eligibility: Depends on the crisis. Must Be TANF eligible and a temporary disability. Cannot be mental crisis; after arrears are paid, they need to be able sustain themselves so they need some type of income.

Services Provided: One time assistance but cannot exceed 4 months: Emergency food, if not snap recipient, burial assistance, utilities, clothing allowances, furniture (if moving to new housing), security deposit, transitional housing for families, TRO assistance, domestic violence services and advocacy.

CHILDREN WITH SPECIAL HEALTH NEEDS - DEPARTMENT OF HEALTH

Phone: (808) 974-4288 / Fax (808) 974-4285

Address: 75 Aupuni St., Rm. 105 Hilo, HI 96720

Hours: Mon. - Fri. 7:45 A.M. - 4:30 P.M.

Eligibility: Must meet financial criteria, under the age of 21. Referral by doctor, reside in the state of Hawai'i, have a chronic health condition that has lasted (or may last) at least one year and needs specialized medical care.

Services Provided: Helps families obtain specialized medical treatment for kids with certain medical chronic conditions, such as cancer, heart disease, asthma, etc. *Transportation for major treatment.

EPIC OHANA INC

OAHU Phone: (808) 838-7752

Address: 1130 North Nimitz Hwy, Suite C210. Honolulu, HI 96817

Hawai'i County Address: 101 Aupuni St. Suite 140 Hilo, HI 96720

Phone: (808) 961-9880

Hours: Mon.-Fri.: 8:00 a.m.-5:00 p.m.

Eligibility: Anyone receiving services through Child Welfare Services can ask for a conference. Youth Circle, teens that have been in the foster system.

Services Provided: Family group conferencing consisting of three parts, 1) information sharing, 2) private family time, and 3) Agreement in writing. Opens up the decision making process to families, community service providers and legal representatives for parents and children to create an opportunity for everyone to learn about the CWS (aka CPS) system. Parents, extended family members and community professionals learn what their roles and responsibilities are as part of a support team to keep children safe. Those who attend `Ohana Conferences become part of the process of supporting family reunification or finding safe, permanent homes for children. Provides a process and place for everyone to meet, share information, brainstorm options, and develop plans that are based on what is best for the children.

Programs:

HI HOPES initiative- for youths transitioning into adulthood

Ohana Finding- Identifying and locating family members of children and youth who are in foster care.

E Makua Ana Youth Circle- Helping foster youth plan their future

Ohana COnnnections- Restoring family connections for foster youth

Family Wrap Hawaii- A team of people identifying families strengths and needs and helping them address barriers to meet needs.

Independent Living Collaborative-develop and provide comprehensive independent living services to support and promote the successful transition of young people from foster care to adulthood.

Parent and Youth Partners- Parents and young adult peer supporters who draw upon their lived experience to walk alongside other parents or young people who are currently navigating systems.

Pono Process- An additional support for children and youth in foster care to use in the events that their rights are not being honored or upheld.

Na Kama a Haloa- Intertwining native Hawaiian wisdom and perspective into Hawaii foster care system.

Foster Hope Hawaii - Application/Website provides an easy way to search through resources for young people who have experienced foster care.

Website: <http://www.epicohana.org>

EARLY INTERVENTION REFERRAL SECTION

Phone: 1-800-235-5477

Address: 1010 Richard St., Suite 811, Honolulu, HI 96813

Hours: Mon. - Fri. 8:00 A.M. - 4:00 P.M.

Eligibility: Families with concerns about their child who is under age 3 with developmental delays or special health care needs; Families with a child 3-5 years old in need of information on how to access the Dept. of Ed. Special education preschool and other options

Services Provided: Statewide information and referral for families of special needs kids, developmental disabilities and mental health for children 3 years of age and under. Information and referral system to connect families with a "care coordinator" who can help answer questions and get children evaluated for developmental delays or other special needs, and link families to needed services and other parents.

EASTER SEALS

Hilo Location: (808) 961-3081

Address: 49 Kaiulani St. Hilo, HI 96720

Kea'au Location: (808) 961-3716 / Fax (808) 969-3234

Address: 16-204 Melekahiwa St. Suite 3 Kea'au, HI 96749

Hours: Mon. - Fri. 8:00 A.M. - 4:30 P.M.

Eligibility: Early intervention program for ages 3 and under. Physical, occupational, speech/language therapy for kids with special needs (children 3-6 years old).

Services Provided: Early Intervention Programs, Home and Community-Based Services, Assistive Technology, Respite Care, Family & Parent Support Groups, Information and Referral Services, Occupational Therapy, Physical Therapy, Speech Therapy, Equipment Loan Program, Advocacy and Public Education Programs, Toy Lending Program, Camping, Extended School Youth Programs, Individualized Education Program (IEP). The FISH program for speech delayed children 3-6 years old.

Website: <https://www.eastersealshawaii.org/>

FAMILY VISITATION CENTERS - YMCA

Phone: (808) 935-3721

Address: 300 West Lanikaula St. Hilo, HI 96720

Hours: Mon. - Fri. 8:00 A.M. - 4:00 P.M. **Visitation Hours:** Wed 5pm-8pm, Fri 5:30pm-8pm, Sat 9am-5pm, Sun 11am-5pm

Eligibility: Court order or a signed agreement of all adults involved. Self, agency or attorney referral

Services Provided: Provides a safe and neutral environment where parents can visit with children when there is a restraining order, pending criminal case, or when other concerns exist about the safety of unsupervised visits during custody disputes or instances of family violence and abuse. Intake completed via Zoom or phone call

Fees: Registration \$20 for each party, visitation \$20/hr, day exchanges \$20, overnight exchanges \$30

Website: <https://islandofhawaiiymca.org/programs/family-visitation-center/>

YOUTH DEVELOPMENT - DAY CAMP *ONLY WHEN SCHOOL IS NOT IN SESSION

Hours: Camp Runs Daily Mon. - Fri. 6:30 A.M. - 5:30 P.M.

Eligibility: Children ages 5½ to 13 years old.

Services Provided: The YMCA New Horizons Youth Day Camp will have a positive impact on your child! Your child will engage in various activities that are supervised by our Youth Leaders that support a healthy mind, body and spirit! When school is out, the Y is in!

Breakfast/Lunch & Snacks are included!

Fees: General YMCA Lifetime Membership is required for a one-time \$50.00 non-refundable membership fee. Non-refundable application processing fee of \$25.00 for new applications.

Website: <https://islandofhawaiiymca.org/programs/camp/>

JUNIOR LEADERS PROGRAM*

Eligibility: Ages 12-18

Services Provided: Develop leadership skills that can be used at home, school and in the community. This program will provide young people the opportunity to volunteer and earn credit through internship programs and credit for volunteer hours that can be used toward scholarship applications and employment opportunities.

Fees: Junior Leaders who are confirmed into the program will be assessed an non-refundable annual fee of \$50. Financial Assistance is available.

Website: <https://islandofhawaiiymca.org/programs/camp/>

FIRST TO WORK- DEPARTMENT OF HUMAN SERVICES

Hours: Mon. – Fri. 7:45 A.M. – 4:30 P.M. **Lobby Hours:** 9am-3pm

Central Location: (808) 981-7290

Address: 1990 Kino'ole St. Suite 109 Hilo, HI 96720

South Hilo: (808) 981-2754

Location: 1990 Kino'ole St. Suite 108 Hilo, HI 96720

North Hilo: (808) 933-0331

Address: 13 Kekaulike St. Hilo, HI 96720

Eligibility: TANF Recipient.

Services Provided: To assist individuals of TANF families become self-sufficient Childcare help, job readiness training and placement, vocational and adult basic education, skill building, mileage coverage. Call for more details.

Website: <https://humanservices.hawaii.gov/bessd/ftw/>

HALE KIPA

Address: 80 Pauahi St. Hilo, HI 96720

Hours: Mon. - Fri. 7:30 A.M. - 3:30 P.M.

Eligibility: Services range for youth under the age of 18 and their families. Some services are provided for youth transitioning into adulthood.

Services Provided: Hale Kipa provides a range of programs & services for our youth and their families. Services range from outreach to shelter to prevention.

Website: www.halekipa.org

INTENSIVE IN-HOME SERVICES (IIHS) / INTENSIVE INDEPENDENT LIVING SKILLS (IILS)

Services provided: Hale Kipa's Intensive In-Home Program provides comprehensive, behavioral, community-based services for children and families known to Child & Adolescent Mental Health Division (CAMHD) State of Hawaii, Department of Health. Services are based on an intensive, individualized, strengths-based approach that focuses on the youth and family's needs and goals.

KA'I LIKE PROGRAM

Services provided: Hale Kipa's Ka'i Like Program works collaboratively with Family Court to provide opportunities and support to youth involved in the juvenile justice system.

TRAFFICKING VICTIM ASSISTANCE PROGRAM (TVAP)

Services provided: Subcontracted from Susannah Wesley Community Center (SWCC) to provide crisis response and case management to minors who are confirmed victims of sex trafficking.

HEAD START PROGRAM

Phone: (808) 961-0570 Central Office

Fax: (808) 961-0575

Address: 27 Waiianuenue Ave. Hilo, HI 96720

Hours: Mon. – Fri. 8:00 A.M. – 4:30 P.M.

Eligibility: Early Head Start (Prenatal to 3y/o) Hilo, Hawaiian Beaches, and home visits in East Hawaii. Preschool children (3 -5 years), must meet eligibility guidelines by filling out an application with proof of age (Birth Certificate, Hospital Record or Baptismal Certificate), verification of income, student status verification, medical and dental form for child, and T.B. clearance. Application available online for first time applicants only.

Services Provided: Federal program for preschool children from low-income families. Children receive healthy meals and snacks, and enjoy playing indoors and outdoors in a safe setting. ***Notes:** Parents who work part or full time or go to school may choose to enroll their child in the full day program. Parent participation at school is encouraged. extended day services may require additional fees.

Website: www.pacthawaii.org

HUMANITY HALE

Phone: (808) 990-2892

Address: 74-4820 Mamalahoa Hwy, Holualoa, HI 96725

Hours: Saturdays 10:30 a.m. - 2:30 p.m.

Eligibility: Youth currently in or aging out of the foster care system. Kids experiencing trauma.

Services Provided: Tools to heal cultural, historical and intergenerational trauma. Culturally based program, including Hawaiian Arts, Art Therapy, Individuals and Group therapy, Life Skills, and Abuse Preventions and Diversion Training.

Website: humanityhale.org

LEADERSHIP IN DISABILITIES AND ACHIEVEMENT OF HAWAII (LDAH)

Phone: 808-536-9684

Neighbor Islands: 1-800-533-9684

Fax: 808-537-6780

Address: 245 North Kukui Street, Suite 205, Honolulu, HI 96817

Hours: Monday to Friday – 8am to 5pm

Eligibility: Parents and families of children with any type of disability.

Services Provided: Provide training, counseling, and advocacy services to help parents successfully navigate Hawaii’s special education system and obtain a free appropriate public education for their special needs children as mandated by law.

Website: <https://ldahawaii.org/contact/>

NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN: 1-800-843-5678

- 24 hour call center to report information about a missing or exploited child

NATIONAL FOSTER PARENT ASSOCIATION (NFPA)

Phone: 1-800-557-5238

Eligibility: Persons caring for foster children.

Hours: Mon. – Fri. 7:00 A.M. -3:30 P.M.

Services Provided: Education and guides for potential foster parents. Supports current foster parents in achieving safety, permanence and well-being for the children and youth in their care.

Website: <https://nfpaonline.org/>

NEIGHBORHOOD PLACE OF KONA

Phone: (808) 331-8777

Address: 75-166 Kalani St. Suite 104 Kailua-Kona, HI 96740

Hours: Mon. – Fri. 7:30 A.M. – 4:30 P.M.

Eligibility: Walk-ins and referral by child welfare.

Services Provided: Supportive case management, information referrals, parenting classes (How to Talk So Kids Will Listen & Kamalama), and provides housing applications. Here to support and strengthen families when needed.

Website: <https://npkona.org/>

NEIGHBORHOOD PLACE OF PUNA

Phone: (808) 965-5550

Coordination Center: 808-501-1413

Address: 16-105 Opukahaia St. Keaau, HI 96749

Hours: Mon. – Fri. 8:00 A.M. – 4:00 P.M.

Website: <https://neighborhoodplaceofpuna.org/>

Eligibility: Must reside on Hawaii Island

Services Provided: Provides information and support, and linkages to community resources. All services are free, voluntary, and confidential.

Coordination Center*

Services Provided: Island-wide resource for Hawaii County residents to connect to community resources they need. Community Resource Navigators assess the resident's needs and provide information to resources that may be able to assist them. Light-touch case management includes; completing enrollments for other agency programs, completing housing applications, advocacy, and addressing barriers that prevent residents from receiving services.

Family Resource Center (FRC)*

Services Provided: The FRC is a hub of resources, referrals, and information. When a family becomes a member of the FRC they receive services at no cost. This includes family basics (hygiene items, diapers & wipes, children's clothing), housing support, and parenting support. Families must have minor children in the household and reside on the east side of the island.

Hale 'Iki Family Assessment Center

24 hr Shelter Hotline: (808) 345-0202

Services Provided: Hale Iki Family Assessment Center is a temporary emergency shelter for **families with minor children who are homeless, at-risk of homelessness, or fleeing domestic violence.** Our staff uses the Housing First Approach. This means that we are participant-centered and work with you to address your barriers towards permanent housing. Hale Iki is a low barrier program; we do not require sobriety, mental health treatment, good credit, or any other "housing ready" requirements for you to enter our shelter.

NEST FOR FAMILIES *

Phone: (808) 212-9324

Text message enrollment: (808) 707-8116

Address: 81-6493 Mamalahoa Hwy, Kealahou, HI

Services Provided: Provides support for parents and families in the first 1,000 days of their child's life. Through a secure, semi-automated texting platform, Nest provides parents with information on growth and development, breastfeeding, community resources, and more.

Website: <https://nestfamilies.org/index.html>

OHANA COUNSELING SERVICES

Phone: (808) 935-4412

Address: 1221 Kilauea Ave Ste. 70, Hilo, HI 96720

Hours: Mon. - Fri. 8:00am - 5:00pm

Closed for lunch 12:00pm - 1:00pm

Eligibility: Commercial and Med-Quest insurances accepted.

Services Provided: Individual therapy, assessments, SA treatment, child therapy.

Website: Website: <https://www.ohanacs.com/>

PARTNERS IN DEVELOPMENT FOUNDATION*

Phone: (808) 595-2752

Admin Address: 2040 Bachelot St, Honolulu, HI 96817

Services Provided: Multi-Generational Education, Family/Community Strengthening, Island Resiliency. E-store for educational books. Tūtū and Me provides learning opportunities for many aspects of children's development and seeks to meet the needs of anyone involved with keiki and their development. Our curriculum is organized around learning themes and, most importantly, serves to meet the diverse cultural needs of the keiki by integrating Hawaiian values and culture. At home activities available on the website, there are locations island wide. Call to find the closest location to you.

Website: <https://pidf.org/>

Ka Pa'alana Homeless Family Education

Phone: (808) 934-8711

Address: 26 Hoku St. Hilo, HI 96720

Services Provided: The Ka Pa'alana Homeless Family Education Program aims to increase the success and self-sufficiency of homeless and at-risk families. In addition to its nationally accredited preschool site at Hope Shelter, Ka Pa'alana has numerous mobile preschool sites and outreach services on the Leeward O'ahu coast, and also serves families on Hawai'i Island.

Piha Me Ka Pono

Phone: (808) 345-7899

Locations: Kohala Complex, Waimea Elementary, Waikoloa Elementary, Kealahou Elementary, Kealahou Intermediate, Maunaloa Elementary.

Services Provided: Piha Me Ka Pono uses a community school model to address the physical, mental and emotional health needs of students, their families, and staff at the Kohala School Complex.

PEOPLE ATTENTIVE TO CHILDREN (P.A.T.C.H.)

East Hawaii: (808) 961-3169

Email: sdelimasuganuma@patch-hi.org

Address: 26 Waiianuenue Ave. Hilo, HI 96720

West Hawaii: (808) 322-3500

Email: rhall@patch-hi.org

Address: 75-5995 Kuakini Hwy. Suite 521, Kailua-Kona, Hawaii 96740.

Eligibility: For anyone who is seeking childcare. DHS licensed childcare provider or care center or temporary unlicensed child care provider. You may receive training. First priority will be offered to special needs four year old children from a Special Population Referral (e.g homeless children, children who speak limited English, children with developmental delays, children with physical or mental impairments who are not enrolled by the Department of Education for Preschool. Families will be income-ranked.

***Applications:** Are accepted during the open enrollment period.

Services Provided: Resources for families and children, and referral of available childcare providers in specific areas. Various levels of training for interested individuals in the Early Childhood field and those interested in starting a childcare business in their home, and training for parents.

Fees: Varies. Contact for more info.

Website: www.PatchHawaii.org

Mom Power:

Services Provided: 10 week Parent education program for parents or pregnant women of native Hawaiian youth ages 0-5 to build the skills, tools, and support for a strong start in life.

* preference given to families with Native Hawaiian ancestry.

QUEEN LILIUOKALANI CHILDREN'S CENTER (QLCC)

Hilo Location: (808) 935-9381

Address: 919 Ululani St. Hilo, HI 96720

Kona Location: (808) 329-7336

Keahuolu Camping Program: (808) 238-3120

Address: 74-5490 Makala Blvd. Kailua-Kona, HI 96740

Malama Line: (808) 466-8080

To inquire about LT's wide range of programs and services or receive referrals to additional resources.

Eligibility: Hawaiian children from birth through 18 years, orphaned, half-orphan or destitute.

Services Provided: Individual family building and strengthening services with children up to 26 years old, which strive to assist families to provide a safe, nurturing and permanent home for orphan, half-orphan children. Informational and referral services, individual or family counseling, incorporation of other specialized resources as needed (legal, medical, other state and private social services), supplementary, limited financial assistance, permanency planning. Group services, which offers help to children and those influential in their lives such as parents and grandparents to support and educate them in areas of interest or concern. Community Building is a long-term approach which strengthens the systems of care available to orphan children in their neighborhoods by fostering relationships with other resources and partners in the community.

Website: <https://onipaa.org/about-us>

Project Mohala: Free Residential college summer bridge program to prepare youth 9-12th grade for entry into university-level education and earn college credits.

LT Ranch: promote meaningful connections and healing through ‘āina, animals, and art—all within an intimate and experiential ranch setting. Day programs and in-residence camps for youth (**13-18**) who find themselves in challenging circumstances whether at school, work, or in their personal lives.

SALVATION ARMY FAMILY INTERVENTION – YOUTH SERVICES CENTER

Hilo Location: (808) 959-5855

Address: 1786 Kinoole st. Hilo, HI 96720 and Hilo Temple: 219 Ponohawaii st. Hilo, HI 96720

Kona Location: (808) 323-8081

Address: 82-6130 Mamalahoa Hwy, Captain Cook, HI 96745

Eligibility: Referred by counselor (ages 12-17), social services or self-referral.

Website: <https://hilo.salvationarmy.org/>

Emergency Shelter:

Services Provided: These two emergency shelter programs on the East and West sides of the Big Island provide a sanctuary to youth ages 12 to 17 for up to 90 days of residence. The youth learn life skills including cooking, positive communication skills, personal hygiene, and socialization skills. While in residence, the youth's behavior, school and academic performance are monitored. Transportation is provided to school, appointments and program activities within city limits.

Prevention Programs:

Services Provided: Youth Service Centers assist youths ages 5 to 18 through in-school and after-school programs throughout the school year, including a summer program. The Centers offer educational development, mentoring, opportunities for community services, youth leadership, and positive alternative activities. Additional prevention programs include teenage pregnancy and family strengthening, tobacco prevention and METH prevention programs.

Na Ho'ola Pono (Independent/Transitional Living Skills Program):

Services Provided: Na Ho'ola Pono is an independent living program that provides life skills services to youth ages 12 to 21. It teaches self-development, home management, nutrition, personal finance, literacy, social competency, educational support, as well as career and employment exploration and readiness. Youth participate in individual and group sessions where they learn pro-social skill development, post-secondary preparation and employment.

Noho Olu (Safe House for Girls - Hilo):

Services Provided: This long-term program is a four-bed Safe House Group Home for girls ages 13 through 17. The goal is for the girls to learn decision making, independent living and social and life skills. The Home provides residential, recreational, peer-intensive, pro-social and cultural community-based services. There is also an on-site educational component. The Home also offers individual, group and family counseling to assist in developing positive peer, family and community relationships utilizing the cognitive behavioral approach.

Ke Kama Pono (Safe House for Boys - Kona):

Services Provided: This long-term program is a four-bed Safe House Group Home for boys ages 13 through 17. The goal is for the boys to learn decision making, independent living and social and life skills. The Home provides residential, recreational, peer-intensive, pro-social and cultural community-based services. There is also an on-site educational component. The

Home also offers individual, group and family counseling to assist in developing positive peer, family and community relationships utilizing the cognitive behavioral approach.

TUTU AND ME OHANA SUPPORT (PIDF)

Amanda Ishigo, *Project Director*
Ashlynn Victorino, *Home Visiting Manager*
Phone: (808) 756-8987

Lani Bowman, *Hawai'i North Home Visitor*
Kohala, Kawaihae & Waikoloa
Phone: (808) 365-3157

Sommer Gaston, *Hawai'i Hilo Home Visitor*
Laupāhoehoe to Hilo
Phone: (808) 854-0065

Deanna Jean, *Hawai'i Hāmākua Home Visitor*
Waimea to Laupāhoehoe
Phone: (808) 464-9634

Michele Gomes, *Hawai'i East Home Visitor*
East Hawai'i
Phone:(808) 291-6338

Deborah Fukushima, *Hawai'i South Home Visitor*
Ka'ū, Nā'ālehu & Pāhala
Phone: (808) 929-8571

YOUTHLINE - LINES FOR LIFE

Phone: (877) 968-8491
Text: teen2teen to 839863
Chat Online: Teen2Teen@linesforlife.org
Hours: YouthLine text is available 4-10pm PST. Adults available by phone all day.
Services Provided: Teen crisis support and help line.

YWCA OF HAWAII ISLAND*

Downtown Location: (808) 935-7141
Address: 180 Kinoole st., #204 & #303, Hilo, HI 96720
Hours: Mon - Fri: 8:00 A.M. - 4:30 P.M.
Ululani St. Location: (808) 930-5703
Address: 145 Ululani Street, Hilo, HI 96720
Hours: Mon - Fri 7:00 A.M. - 4:30 P.M.
Website: <https://www.ywcahawaiiisland.org/>

Healthy Families Hawai'i Island*

Eligibility: For pregnant women and their newborns through age 3.
Services Provided: Healthy Families provides home visiting services to eligible families. Program staff partner with parents to address individual needs, set and support goals, build a home environment around the baby and connect parents with helpful services and information that supports learning, safety, and developmental stimulation. The services are free, voluntary, and confidential.

Developmental Preschool * ex. 203

Eligibility: Children ages 2-5.

Services Provided: The YWCA Preschool offers a safe, nurturing, sensory-rich environment that supports a child's emotional, physical and cognitive needs and prepares him or her for kindergarten.

Teen Dating: Call Line: (808) 799-7233 Education and resources on healthy and unhealthy teen dating.

Additional program offered see "Sexual Assault" on Page 48

DOMESTIC VIOLENCE

See also "Legal"

HALE OHANA 24-HOUR DOMESTIC VIOLENCE LINE

Hilo: (808) 959-8864

Kona: 808-322-7233

NATIONAL DOMESTIC VIOLENCE HOTLINE: 1-800-799-SAFE (7233)

Text: Text "START" to 88788

Website: <https://www.thehotline.org/>

TEEN DATING ABUSE HOTLINE: 1-866-331-9474

ALOHA UNITED WAY - 211 HEALTH AND HUMAN SERVICES HOTLINE

Administrations: (808) 536-1951 Ext.211

Address: 200 North Vineyard Blvd. Suite 700, Honolulu, HI 96817

Hours: Mon.-Fri.: 8:00 a.m.- 5:00 p.m.

Services Provided: Aloha United Way is filling the gap between emergencies and non-emergency requests for items like rent assistance, shelter, food, childcare, and many more. It includes over 4,000 programs and services to meet your needs.

Website: www.auw211.org

DOMESTIC VIOLENCE ADVOCATE - CHILD & FAMILY SERVICE

Hilo Location: (808) 935-2188 **FAX:** 808-961-2073

Address: 1045 #A Kilauea Ave. Hilo, HI 96720

Hours: Mon.-Fri.: 8:00 a.m.-4:30 p.m.

Kona Location: (808) 323-2664

Address: 81-6587 Mamalahoa Hwy. Bldg. C, suite C-101 Kealahou, HI 96750

Eligibility: Referral through Income Maintenance Worker at DHS – BESSD division.

Services Provided: Domestic violence assessment, may be eligible for 6-month domestic violence exemption, safety plan, individual service plan, case management, linkages to community resources. Domestic Violence Advocacy (DVA) Services is designed to provide a range of supportive services to help individuals involved in domestic abuse situations to become self-sufficient. These services include: Assessment, safety plan, individual service plan, case management, domestic violence information, counseling, community referrals, transitioning to First-to-Work, financial planning, time management, referrals for legal assistance etc.

Domestic Violence Family Services: Domestic Violence Services for Families offers a full spectrum of individual, group and family services to men, women and children to aid in the intervention and prevention of domestic violence in families and to strengthen child resilience and overall wellbeing.

Eligibility: CWS Referrals. Families involved with Child Welfare Services (CWS), Voluntary Case Management Services (VCM), or Family Strengthening Services (FSS) who are in need of services to address domestic violence.

Website: <http://www.childandfamilyservice.org/index.php>

DOMESTIC VIOLENCE ACTION CENTER

Phone: (808) 534-0040 (office) 1-800-531-3771 (help line) (605) 956-5680 (text)

Address: P.O. Box 3198 Honolulu, HI 96801-3198

Hours: Mon.-Fri.: 8:00 a.m. - 5:00 p.m. (Office)

Mon.-Fri.: 8:30 a.m. – 4:30 p.m. (Helpline)

Eligibility: Assessed as victim of domestic violence.

Services Provided: Accompaniment to court, advocacy, legal questions regarding TRO, divorce, paternity, etc. Referral to domestic violence agencies or other legal services.

Website: <http://www.stoptheviolence.org/>

EXPO Outreach in Honolulu: Crisis intervention, education, risk assessment and safety planning, referrals and advocacy.

Ho'oikaika 'Ohana: 9 month program with weekly group sessions and cultural practices to offer support and healing to families of DVAC.

Alaka'i Advocacy: Advocacy and support for battered women.

Pulama I Ka'Ohana (PIKO): Personal PIKO advocate, Parent-child counseling, attorney and Paralegal, and support groups.

Teen Alert Program (TAP): Teen advocacy and education surrounding teen dating violence. In-school education and/or personal advocates.

DOMESTIC VIOLENCE/SEXUAL ASSAULT UNIT HAWAII COUNTY POLICE DEPARTMENT - JUVENILE AID SECTION

Phone: (808) 961-2300 Criminal Investigations (808) 961-2255

Address: 349 Kapiolani St. Hilo, HI 96720

Hours: Mon.-Fri.: 7:45 a.m. - 4:30 p.m.

Eligibility: Criminal Domestic Violence/Sexual Assault cases.

Services Provided: Liaison between victim, police and prosecutor. Follow up on domestic violence criminal cases. Victims may call with questions regarding police procedure or concerns about their case. Referrals to domestic violence and sexual assault services.

HALE OHANA DOMESTIC ABUSE SHELTER - CHILD & FAMILY SERVICE

Hilo Location: (808) 935-2188 (Oahu Office 808-681-3500) Shelter (808) 959-8864

Hotline: (808) 959-8864

Address: 1045 Kilauea Ave. Hilo, HI 96720

Kona Location: (808) 323-2664 (Office) (808) 322-7233 (Hotline)

Address: 81-6587 Mamalahoa Hwy. Bldg. C Kealahou, HI 96750

Hours: 24-hours

Eligibility: Victims of domestic violence and their children.

Services Provided: Temporary shelter (food and housing) for a maximum of 90 days, for women and their children who are victims of domestic violence. Transportation available. Open to the public via the 24-hour hotline for support services, referrals and resources regarding domestic violence.

Fees: Based on ability to pay (But will not be turned away if cannot pay).

IMMIGRATION AND NATURALIZATION- NA LOIO NO NA KANAKA

Phone: (808) 961-8220 (Tulpe Day) FAX: 935-1205

Address: 25 Aupuni St. 1004A Hilo, HI 96720

Hours: Mon.-Fri.: 7:45 a.m. - 4:30 p.m.

Eligibility: Anyone

Services Provided: Provides legal services for those who cannot afford a private attorney in immigration and naturalization matters, representation in deportation, exclusion, and political asylum cases as well as a limited number of civil rights cases. Legal representation for abused immigrants. Work to achieve permanent legal residency for victims of domestic violence. Bilingual access line.

Fees: Client covers all filing fees.

LEGAL AID SOCIETY OF HAWAII

Phone: (808) 961-2851 (Intake Line: 1-800-499-4302)

Office Hours: Mon.-Fri.: 8:00 a.m.-4:30 p.m. (except holidays)

Intake Line Hours: Mon. – Fri.: 9:00 a.m. – 11:30 a.m., 1:00 p.m.-3:30 p.m.

Address: 305 Wailuku Dr. Hilo, HI 96720

Eligibility: Income eligible.

Services Provided: Provides legal services for those who cannot afford a private attorney. Indigent legal assistance, eviction/housing, family law, etc. Intakes available online

Fees: Free services to seniors (60+). Client covers all filing fees. ***Notes:** Need documents pertaining to case, application process is on a case by case basis.

Website: <http://www.legalaidhawaii.org/>

TURNING POINT FOR FAMILIES - ALTERNATIVES TO VIOLENCE

Phone: 808-323-2664

Eligibility: Anyone can access this program.

Services Provided: Separate men's, women's and teens' psycho-educational violence control groups. Sliding fee. Help filing TRO against family, household members. Childrens support groups.

VICTIM WITNESS ASSISTANCE PROGRAM – OFFICE OF THE PROSECUTING ATTORNEY

Hilo Location: (808) 934-3306

Address: Aupuni Center, 655 Kilauea Ave. Hilo, HI 96720

Kona Location: (808) 322-2552

Address: 81-980 Haleki'i St., Suite 150 Kealahou, HI 96750

Hours: Mon.-Fri. 7:45 A.M. - 4:30 P.M.

Eligibility: All victims and witnesses of crime.

Services Provided: Explain judicial process, assistance in court appearances and court proceedings, information to victim about the case, property return assistance, restitution recovery, help with obtaining witness fees, referrals to community agencies, assistance with criminal injuries compensation, victim impact statement, crisis and short term counseling, employer intercession, assistance in requesting notification when defendant is released into the community, etc.

Website: www.hawaiicounty.gov/prosecuting-attorney/

VOLUNTEER LEGAL SERVICES HAWAII

Phone: (808) 313-8210

Main Office: (808)-528-7046

Hours: Mon. - Fri. 8:00 A.M. – 4:00 P.M.

Eligibility: Income eligibility depending on household size, All victims of domestic violence whether the abuse took place in the past or recently, May apply for services.

Services Provided: Divorce clinics, bankruptcy clinic, advice and counsel, intake and referral, housing support legal project, low-income taxpayer's clinic, etc. Connection to social services.

Website: <http://www.vlsh.org/>

FINANCIAL COUNSELING

HAWAIIAN COMMUNITY ASSETS

Phone: (808) 934-0801

Address: 1315 Kalanianaʻole Ave. Hilo, HI 96720

Services: “One-stop-shops” for financial counseling; income support; career coaching; and referrals to grants, loans and affordable mortgage financing – all to increase income and assets for kamaʻaina. We specialize in helping our people become financially qualified for rentals and homeownership.

Homebuyer Assistance: Homebuyer education, pre-purchase counseling, down payment assistance, loans (up to \$100,000), mortgage assistance.

Homeowner Assistance: Grants to help with past due mortgage payments or reduce monthly payments (**Hawaii island and Kauai residents only**).

Homebuyer Education & Financial Education Workshops (HBEW) (FEW) Kahua

Waiwai: HCA presents endless opportunities to achieve financial security with FREE classes, training courses, and workshops. In order to participate in any of our educational workshops, you will first need to ENROLL.

Website: <https://www.hawaiiancommunity.net/>

HAWAII COMMUNITY LENDING

Phone: (808) 587-7656

Hilo Address: 1315 Kalanianaʻole Ave. Hilo, HI 96720

Oahu Address: 200 N Vineyard Boulevard, Suite B140, Honolulu, HI 96817

Services: Homeowners assistance during financial hardship (**Hawaii island and Kauai residents only**), foreclosure workshop, emergency grants or loans for past due mortgage assistance, property taxes, or HOA fees. Also offers consumer loans, affordable housing loans, and small business loans.

Website: <http://hawaiicommunitylending.com/>

HAWAII FIRST FEDERAL CREDIT UNION

Waimea Location: (808) 885-7349

Address: 67-1187 Mamalahoa Highway, Kamuela, HI 96743

Hilo Location: (808) 933-7349

Address: 1221 Kilauea Avenue, Suite 160, Hilo, HI 96720

Hilo Community Resource Center: (808) 933-6600

Address: 1221 Kilauea Avenue, Suite 150, Hilo, HI 96720

Hours: Mon. - Thurs. 9:00 A.M. - 4:00 P.M., Fri. 9:00 A.M. - 6:00 P.M. Closed weekends

Services: The Hawaiʻi County Financial Empowerment Center (FEC) offers professional, one-on-one financial counseling as a free public service to enable residents to address their financial challenges, needs, and plan for their futures. Residents receive free, one-on-one professional counseling assistance with money management, budgeting, reducing debt, establishing and improving credit, connecting to safe and affordable banking services, building savings and referrals to other services and organizations.

Website: <https://www.hawaiifirstfcu.com/>

HAWAII COUNTY FINANCIAL EMPOWERMENT CENTER

Hawaiian Community Assets

Phone: (808) 934-0801

Hawaii First Federal Credit Union

Phone: (808) 933-6600

Services: Free one-on-one financial counseling session to address financial challenges/needs and plan for the future. Counselors help with taking control of debt, improving credit, building savings, creating a budget and a plan to stick to it, finding safe and affordable financial products, and other services based on needs. Application available online.

Website:

<https://www.hawaiicounty.gov/departments/office-of-housing/financial-empowerment-center>

FARMERS MARKET

HAWAII ISLAND DIRECTORY:

<https://www.hawaiihomegrown.net/resources/farmers-marketscsas>

ALI'I GARDEN MARKET PLACE

Phone: (808) 937-8844

Where: 75-6129 Ali'i Drive, Kailua-Kona

When: Tuesday – Sunday 9:00 AM - 5:00 PM

Details: There are many stands here selling local arts and crafts (souvenirs!), as well as some good places for a quick bite

HAWI FARMERS MARKET

Phone: 808-333-7963

Where: Kohala Village HUB 55-514 Hawi Rd, Hawi, HI 96719

When: SAT 8am-12:30pm

Details: Kohala-grown produce and plants, locally prepared foods, Kohala-made crafts

Website: <https://hawaiihomegrown.net/talking-story/109-the-hawi-farmers-market-under-the-banyan-trees>

HILO FARMERS MARKET

Where: Corner of Mamo St. and Kamehameha Ave. in Hilo

When: Everyday 7:00 A.M. - 3:00 P.M.

Details: Fresh produce, hand crafted items, homemade food, and EBT accepted.

Website: http://hilofarmersmarket.com/?y_source=1_NTY1MDUwNzgtNzE1LWxvY2F0aW9uLn dYnNpdGU%3D

HO'OU LU COMMUNITY FARMERS MARKET

Where: 78-128 Ehukai Street, Kailua-Kona, HI. 96740

When: Wednesday & Friday 9:00 AM - 2:00 PM

Details: Find between 20 and 40 vendors who sell local produce, coffee, macadamia nuts, and locally produced arts and crafts.

HO'OLA FARMS - HAWAII FARM-TO-CAR

Phone: 808-756-6026

Main Office: 230 Kekuanaoa st., Hilo, HI 96720

Hours: 10am Friday - 6pm Monday

Eligibility: Must be able to create an account online and have access to a web browser.

Services Provided: Virtual Farmers Market w/curbside pickup. Accepting Snap. All orders must be picked up between 3:00-6:00 pm on Wednesdays at the drive-thru distribution site at the Puna Hongwanji Mission in Kea'au and the Onomea Farmstand in Pepekeo.

Website: <https://www.hoolafarms.org/hawaii-farm-to-car/>

KEA'AU FARMERS MARKET

Where: 16-577 Old Volcano Rd, Keaau, HI 96749

When: Everyday.

Hours: 9:00 A.M. – 6:00 P.M.

Details: Produce, specialty foods, and ready to eat food most days of the week. SOME EBT accepted.

KEAUHOU FARMERS MARKET

Where: 78-6831 Alii Drive, Kailua-Kona, HI 96740-2440

When: Saturdays 8:00 AM - 12 PM

Details: Find locally raised produce, honey, flowers, Kona coffee, macadamia nuts, meat and eggs, handmade breads, jams, and so much more.

KEAUKAHA-PANAWEA FARMERS MARKET

Where: Railroad Avenue across from Home Depot, Hilo

When: Saturday 7:30 A.M.- 4:00 P.M.

Details: Produce, plants, arts and crafts, food available, open to vendors and free parking.

Website: <https://www.hawaiihomegrown.net/reports/270-keaukaha-panaewa-farmers-market>

KINO'OLE FARMERS MARKET

Where: 1990 Kino'ole St. (By Kawate Seed Shop) Hilo, HI 96720

When: Saturday 6:30 A.M. – 12:00 PM

Details: Fresh produce, plants and homemade food items. EBT accepted.

Website: <https://kinoolefarmersmarket.wordpress.com/>

KONA VILLAGE FARMERS MARKET

Where: 75-5767 Ali'i Dr, Kailua-Kona, HI 96740

When: Wednesday to Sunday 7:00 AM - 4:00 PM

Details: Plenty of fresh fruits and vegetables, flowers and hand-made local arts and crafts.

MAKU'U FARMERS MARKET

Where: 15-2131 Kea`au-Pāhoa rd. Pahoa 96778

When: Sunday's from 7:30 A.M. – 2:00 P.M.

Details: Produce, artists, flea market items, several food vendors, and live music. EBT accepted.

Website: <https://www.makuu.org/market>

MARKET AT THE MILL

Where: 17-995 Volcano Rd. (Highway 11) between Mile Markers 12 & 13, Mountain View, Puna

When: Saturday 7:00 A.M. - 12:00 P.M.

Details: Weekly farmer's market with fresh fruit, produce, bread, pasta, plants, flowers, food and live entertainment. EBT accepted.

Website: <https://hawaiihomegrown.net/talking-story/118-hilo-coffee-mill-market-the-mill>

PAHOA FARMERS MARKET

Where: Back of the parking lot in downtown Pahoa behind Luquin's.

When: Sunday 8:00 A.M. – 2:00 P.M.

Details: Produce, specialty foods, ready to eat foods, kava bar

FOOD PANTRY/HOT MEAL

BIG ISLAND GIVING TREE

Phone: (808) 937-9439

Mailing Address: PO Box 2786, Kamuela, HI 96743

Services Provided: Pantry cabinets available 24/7.

Locations: Waimea in front of New Hope Church. Hawi near the Minit Stop.
Kapa'au near the thrift store.

Website: <https://www.thebigislandgivingtree.com/>

FOOD BASKET

Hilo Location: (808) 933-6030

Address: 40 Holomua St. Hilo, HI 96720

Hours: M-F 8AM-4PM

Kona Location: (808) 322-1418

Address: 79-1016 East Honalo St. Kailua-Kona, HI 96740

Services Provided: Provides a one-time emergency food distribution to an individual, and then refers them to other agencies. Also distributed to agencies that are serving those in need. ***Call or Visit Websites for hot meals and pantry locations & times.**

Website: <https://www.hawaiifoodbasket.org/find-food-now>

MOUNTAIN VIEW FOOD PANTRY

Phone: (808) 365-4221

Services Provided: Emergency basis, once per month. Services Mountain View area.

Hours: Tuesdays & Saturday (except holidays), 1:00 p.m.-3:00 p.m.

SALVATION ARMY - FOOD PANTRY

Phone: (808) 326-2330

Hilo Location: 219 Ponahawai Street, Hilo, HI 96720

When: Tuesdays & Friday 9 a.m. to 11 a.m.

Honokaa Location: 45-511 Rickard Place, Honokaa, HI 96727

When: Wednesdays from 9 a.m. to 11 a.m.

Kona Location: 75-223 Kalani Street, Kailua-Kona, HI 96740

When: Tuesday, 11 a.m. to 12:30 p.m.

SAINT JUDES EPISCOPAL CHURCH

Phone: (808) 961-8726

Address: 1055 Kinoole Street, Suite 102 Hilo, HI 96720

Services Provided: Hot Meals

Hours: Saturday 9:00 a.m. - 1:00 p.m.

Emergency Food Pantry: Tuesday, 11:00 a.m.-1:30 p.m.

W.I.C. - DEPARTMENT OF HEALTHY WOMEN, INFANTS AND CHILDREN

Hilo Location: (808) 974-4270

Address: 88 Kanoelehua Ave., Suite 201, Hilo, HI 96720

Hours: 7:45AM-4:30PM

Pahoa Location: (808) 965-3030

Clinic Hours: Monday-Thursdays 8:00AM-4:30PM

Address: 15-2866 Pahoa Village Rd. Building F, Suite A (Behind Pahoa Family Health Clinic)
Pahoa, HI 96778

Kona Location: (808) 322-4888

Address: 81-980 Halekii Street Kealahou, HI 96750

Eligibility: Income eligible (TANF, Food Stamps or Quest Medical) pregnant women, nursing/postpartum women or infants/children under age five.

Services Provided: Comprehensive nutrition and health services, referral services, milk and other staple supplemental foods and diet counseling. *Six months of checks if abortion or miscarriage from the date it happens.

Website: <https://health.hawaii.gov/wic/>

HEALTH/MEDICAL

ALOHACARE-QUEST

Phone: (808) 973-0712

Address: 234 Waiānuenu Ave., Suite 105 Hilo, HI 96720

Hours: Mon. – Fri. 08:00 A.M. – 5:00 P.M.

Website: www.alohacare.org

AMERICAN LUNG ASSOCIATION

Help Line: 1-800-LUNG-USA (1-800-586-4872)

Address: 810 Richards Street, Suite 750. Honolulu, HI 96813

Hours: Varies.

Services Provided: Promotes lung health and prevention of lung disease. Counseling and support groups for those with asthma, chronic bronchitis and smoking education.

Website: <http://www.ala-hawaii.org>

(BAY CLINIC) HAWAII ISLAND COMMUNITY HEALTH CENTER*

Hilo Family Health Center: (808) 333-3600

Address: 1178 Kinoole Street, Bldg. B Hilo, HI 96720

Hours: Mon – Fri: 7:00 A.M. – 6:00 P.M. (Opens late every other thursday at 10AM)

Hilo Pediatrics: (808) 333-3600

Address: 450 Kilauea Ave., Suite 103, Hilo, HI 96720

Hours: Mon-Fri: 8:00 A.M. - 5:00 P.M (Opens late every other thursday at 10AM)

Wailuku Family Health Center: (808) 965-3047

Address: 305 Wailuku Drive, Hilo, HI 96720

Hours: Mon - Fri 8:00 A.M. - 5:00 P.M.

Hilo Family Dental: (808) 333-3600

Address: 1257 Kilauea Avenue, Hilo, HI 96720

Hours: Mon - Fri 7:00 A.M. - 6:00 P.M.

Closed for Lunch 12:00 - 1:00 pm (First Thursday of the month: 9:00 A.M. - 6:00 P.M.)

Hilo Women’s Health Center: (808) 333-3600

Address: 73 Pu’uhonu Place, Suite 204 Hilo, HI 96720

Hours: Mon - Fri: 7:00 A.M. - 6:00 P.M.

(Opens late every other thursday at 10AM)

Kea’au Family Health Center:

Hours: (808) 333-3600

Address: 16-192 Pili Mua Street, Kea’au, HI 96740

Hours: Mon - Fri: 7:00 A.M. - 6:00 P.M.

(Opens late every other thursday at 10AM)

Kea’au Dental:

Hours: M-F 8AM-5PM

Closed for lunch 12PM-1PM

Pharmacy: M-F 8:30am-5:00pm

Closed for lunch 1:00-2:00pm

(First Thursday of the month: 9:00 A.M. - 5:00 P.M. -Third Thursday of the month 8:00 A.M. - 5:00 P.M.)

Pāhoa Family Health Center: (808) 333-3600

Address: 15-2866 Pāhoa Village Road, Pāhoa, HI 96778

Hours: Mon - Fri: 7:00 A.M. - 6:00 P.M.

(Opens late every other thursday at 10AM)

Pāhoa Womens & Keiki

Hours: Mon - Fri: 7:00 A.M. - 6:00 P.M.

(Closed for lunch 11:45 A.M. - 12:45 P.M.)

Ka'ū Family Health & Dental Center:

Phone: (808) 333-3600

Address: 95-5583 Māmalahoa Hwy. Nā'ālehu, HI 96772

Hours: Mon - Fri: 7:00 A.M. - 5:30 P.M.

(Opens late every other thursday at 10AM)

Dental Hours: Mon. Wed. Fri. - 8:30 A.M. - 4:00 P.M.

Tuesdays and Thursdays 8:30 A.M. - 4:30 P.M.

Closed for lunch 12:00 P.M. - 1:00 P.M.

(First Thursday of the month: 9:30 A.M. - 5:00 P.M. Fourth Thursday of the month 8:30 A.M. - 5:00 P.M.)

Eligibility: Persons in need of medical or dental assistance.

Services Provided: Providing affordable, high-quality, and comprehensive health care services to East Hawai'i residents. Services include; pharmacy, behavioral health, cancer screening, dental care, family planning, immunization, pediatrics, prenatal care, primary care, walk-in services, and uninsured care.

Fees: HMSA, AlohaCare Quest, or Private Insurance. Sliding scale fee (No one will be turned away if a person does not have insurance.)

CARE PACK PARTIES (T. TEAL)

Phone: 405-753-4496

Fax: 405-421-0093

Address: 730 W. Wilshire, Ste 108, Oklahoma City, OK 73116

Eligibility: Diagnosed with cancer, a cancer fighter, or involved in cancer treatment. Must have access to the website in order to request a cancer care package.

Services Provided: Dedicated to supporting cancer fighters and their families throughout cancer treatment by providing love, community, and empowerment to cancer fighters and their families. T. Teal delivers Cancer Care Packs to treatment centers across Oklahoma, and mails care packs nationwide to men, women, children, provides financial assistance for Oklahomans in need fighting cancer, and celebrates women's beauty by offering Brave Shave and Empowerment shoots to those facing a cancer battle.

Website: <https://www.tteal.org/learn/request-cancer-care-package/>

HMSA- QUEST

Phone: 808-948-6079
Toll-free: 1-800-776-4672
Address: 303A E. Makaala Street, Hilo, HI 96720
Hours: Mon - Fri 9 A.M. - 6PM, Sat. 9AM-2PM
Website: www.hmsa.com

HUI MALAMA OLA NA OIWI*

Phone: (808) 969-9220 Administration
Address: 1438 Kilauea Ave. Hilo, HI 96720
Hours: Mon. - Fri. 8:00 A.M. - 4:30 P.M.
Eligibility: Native Hawaiian Families or Individuals.
Services Provided: The organization offers a variety of health programs that target specific health issues which affect Native Hawaiians. Health and dietary concerns for Hawaiians and their families, weight management, diabetes education, prenatal class, high blood pressure information, transportation to medical appointments, social security.* Referrals to other agencies as well.
Website: <https://hmono.org/>

Family Medicine Clinic

Phone: (808) 796-3125
Address: 82 Pu'uhonu Place, Suite 209, Hilo, HI 96720

HILO URGENT CARE

Phone: (808) 969-3051
Address: 670 Kekuanaoa St. Hilo, HI 96720
Hours: Mon. – Fri. 9:00 A.M.- 7:00 P.M. / Sat. and Sun. 8:30 A.M. – 4:30 P.M.
Website: <http://www.hilourgentcare.com>

KEA'AU URGENT CARE

Phone: (808) 966-7942
Address: 16-612 Old Volcano Rd. Kea'au, HI 96749
Hours: Mon. - Fri. 9:00 A.M. - 7:00 P.M. / Sat.-Sun. 8:30 A.M. - 4:30 P.M.
Website: <http://www.hilourgentcare.com>

KONA URGENT CARE

Phone: (808) 327-4357
Address: 77-311 Sunset Dr, Kailua-Kona, HI 96740
Hours: Mon - Fri 8 A.M. - 5 P.M. / Sat 9 A.M. - 3 P.M.
Website: <https://www.urgentcareofkona.com/>

KUMUKAHI HEALTH + WELLNESS*

Hilo Location: (808) 982-8800
Address: 101 Aupuni St ph 1014c, Hilo, HI 96720
Kona Location: (808) 331-8177
Address: 74-5620 Palani Rd 101, Kailua-Kona, HI 96740
Hours: M-F 8:30am-4:30pm (Closed for lunch 12:00-1:00pm)
Testing Hours: M-F 8:30AM-4:30PM (Closed for lunch 12:00-1:00pm)
Website: <https://www.kumukahihealth.org/>

Pop up locations*

Aiaola Sexual Health Clinic:

Services Provided: The HIV Clinic is offered on Thursdays in the Kona office and all other weekdays in the Hilo office. The Aiaola Sexual Health Clinic began in June 2020 and has been working hard to meet the ever-changing challenges of HIV medical care on the Big Island. Services include: HIV Medical Care, PrEP Services, STD Treatment, Hepatitis C Treatment, Trans Health Services.

Fees: Free, Insurance, Sliding Scale

HIV Case Management

Services Provided: Our Client Services Department has case managers that can assist with many services, including connecting you to an HIV specialist, a Primary Care provider, and access to HIV medicines. Once a person is qualified for financial assistance, we can help pay for co-pays for medications, doctor visits and/or health insurance premiums. We also work with clients to qualify them for housing rental subsidy assistance. We provide counseling referrals for mental health and substance challenges. KH+W also has support groups and a food pantry to access weekly.

Fees: Free

MA`I MOVEMENT*

Phone: (808) 425-2441

Address: 44-436 Hoolokahi St, Honokaa, HI 96727

Hours: Saturday & Sunday 9:00 AM - 6:00 PM

Services Provided: Ma'i Care Kits program allows individuals to request a monthly pack of disposable period products. It consists of 12 day pads, 5 night pads, 5 tampons, 5 pantliners, and 5 feminine wipes.

Website: <https://maimovement.org/>

MED-QUEST DIVISION

East Hawaii: (808) 933-0339

Address: 1404 Kilauea Ave. Hilo, HI 96720

West Hawaii: (808) 327-4970

Customer Service Call Center: 1 (800) 316-8005

Address: 75-5591 Palani Road, Suite 3004 Kailua-Kona, HI 96740-3633

Services Provided: Medicaid is a joint federal-state program that provides health coverage or nursing home coverage to certain categories of individuals, including children, pregnant women, parents of eligible children, low income adults, former foster care children, aged, blind and disabled individuals.

Application available online

Fees: Varies on qualifications and medical plan.

Website: <https://medquest.hawaii.gov/>

DEATH PAYMENTS PROGRAM

Eligibility: 1) A medical or financial assistance recipient who was a resident of the state at the time of death and not eligible for the Social Security Administrations one-time lump-sum death benefit; OR 2) An unclaimed body. This is a person who died and didn't have a legally responsible relative such as a spouse or parent, or any known surviving relatives or friend willing to be responsible for their burial.

Services Provided: The Death Payments Program provides a lump sum death benefit for eligible deceased medical and financial recipients; and the dignified disposition of unclaimed bodies within the state.

POISON CONTROL

Phone 24-hours: 1-800-222-1222

Website: www.aapcc.org

PUBLIC HEALTH NURSING- TB TESTING & SCREENING

Hilo State Building: (808) 974-6025

Address: 75 Aupuni Street, Hilo, HI 96720

Naalehu Health Center: (808) 939-2400

Address: 94-5669 Mamalahoa Highway, Naalehu, HI 96722

Kona Health Center: (808) 322-1500

Address: 79-1015 Haukapila Street, Kealahou, HI 96750

Waimea Health Center: (808) 887-8116/(808)-887-8117

Address: 67-5189 Kamamalu Street, Kamuela, HI 96743

Website: <https://health.hawaii.gov/phnb/>

PROJECT VISION HAWAII *

Phone: (808) 201-3937

Program Manager: (808) 430-0388

Hours: M-F- 8am-4pm

Email: info@projectvisionhawaii.org

Website: <https://www.projectvisionhawaii.org/>

Services Provided: Better Vision for Keiki program provides free vision screening to students in Title I schools throughout the state of Hawai'i. Mobile hygiene trailers have provided hot showers and opportunities for individuals facing homelessness throughout Hawai'i Island, Oahu, and Kaua'i. Covid-19 Response.

Hihie Mobile Shower Schedule:

Every Monday, 7-11am Pahoa County Building

15-2879 Pahoa Village Road, Pahoa, HI 96778

Every Tuesday and Friday, 8am-12pm Old Kona Airport State Recreation Area

End of Kuakini Hwy, Hwy 11, Kailua Kona, HI 96740

Every Wednesday, 6-10am Hilo Salvation Army

219 Ponahawai St, Hilo, HI 96720

Every Saturday, 7-11am Hilo Salvation Army

219 Ponahawai St, Hilo, HI 96720

SCHOOL BASED HEALTH CENTER (HICHC)

East Hawaii: (808) 333-3600

Address: 450 Kilauea Ave., Suite 105, Hilo, HI 96720

West Hawaii: (808) 326-5629

Address: 75-5751 Kuakini Highway, Suite 203, Kailua-Kona, HI 96740

Services Provided: School based health centers offer children access to medical and dental services on both the East and West sides of Hawaii Island. They have parental support where families/parents can participate/check-in via zoom or call to be present during the appointment so that they do not need to leave work.

Website: <https://www.hicomcommunityhealthcenter.org/contact/>

WAIMEA URGENT CARE

Phone: (808) 885-0660

Address: 65-1230 Mamalahoa Hwy Suite #A10, Kamuela, HI 96743

Hours: Mon - Fri 8:30 A.M. - 6:30 P.M. / Sat & Sun 8:30 A.M. - 4:30 P.M.

Website: <https://waimeaurgentcare.net/>

HOUSING/SHELTER

808 HOMELESS TASK FORCE

Phone: (808) 315-4158

Office Hours: Mon. - Fri. 9am-5pm

Services Provided: Assisting the un-housed in West Hawaii with safe haven options of: drug and alcohol rehabilitation, housing, and return home to families of origin. Provides assistance with flights for those that have a location to return to off island.

ARC OF HILO- LOW INCOME HOUSING

Hilo Location: (808) 935-8534

Address: 1099 Waiuanue Avenue Hilo, HI 96720

Hours: Mon.- Fri. 7:30 A.M- 3:30 P.M

Kona Location: (808) 323-2626

Address: 81-1065 Konawaena School Rd. Kealahou, HI 96750

Hours: Mon. - Fri. 7:30 A.M. - 3:30 P.M.

Eligibility: People with developmental and other disabilities. Must be age 16 and over, certified as disabled and referred to "The Arc of Hilo" by the Hawaii State Department of Vocational Rehabilitations (DVR), qualified for a Medical Waiver (Community Support Services) or the LASR program, or wishes to purchase training as an individual or agency.

Services Provided: The Arc of Hilo developed three housing complexes to offer housing security to low-income seniors and adults with disabilities. Hale Ulu Hoi I & II are located at 1303 and 1305 Ululani Street, Hilo, Hawai'i 96720. Hale Ulu Hoi III is located at 485 Laukapu Street, Hilo, Hawai'i 96720.

Website: <http://www.arcof hilo.org>

Hale Ulu Hoi I & II: Two 18 unit 1 bedroom apts. Both of these buildings have a waiting list with a preference for placement on the waiting lists given to persons with developmental and other disabilities.

Hale Ulu Hoi III: One 18 two bedroom apartment building is near downtown Hilo. This building also has a waiting list with a preference for placement on the waiting lists given to persons with developmental and other disabilities.

BIG ISLAND HOUSING FOUNDATION

Phone: (808) 969-3327

Address: 688 Kinoole St., Suite #212 Hilo, HI 96720

Office Hours: Mon. - Fri. 8:30 A.M. – 4:30 P.M. (Closed for Lunch: 12:30 – 1:15 P.M.)

Eligibility: To qualify, you must first fill out an application form, meet income limits, good rental references, and a good criminal background check. For the Elderly housing projects applicants must be 62+ years or disabled 18+ years (must be deemed mentally or physically disabled by doctor).

Services Provided: Property Management of: E Komo Mai Apartments, Riverside Apartments, Kamana Elderly Apartments, Papa'aloa Elderly Apartments, Waimea Elderly Apartments and Kea'au Elderly Housing.

Fees: Deposit after approve

Website: <https://www.bigislandhousing.com/>

Application:

<https://irp.cdn-website.com/8df48399/files/uploaded/BIHF-APP-11-01-2022%20Final%20Draft.pdf>

DISABLED AMERICAN VETERANS

Phone: (877) 426-2838

Eligibility: Homeless veterans in the USA

Services Provided: Supportive housing programs for homeless veterans.

HAWAII ISLAND HOME FOR RECOVERY

Phone: 808-934-7852

Physical Address: 440 Kapiolani St. Hilo, HI 96720 (AOF Lodge)

Hours: Mon. – Fri. 8:00 A.M. - 5:00 P.M.

Eligibility: Homeless or at risk for homelessness, must be referred through HMIS.

Services Provided: Transitional housing with a structured, family-like atmosphere free of alcohol and illegal drugs. Helps residents find employment and network with other social service agencies.

Fees: Call for current fees.

HAWAII AFFORDABLE PROPERTIES

Phone: (808) 319-2367

Address: 79-7266 Mamalahoa Hwy, Suite 1, Kealahou, HI 96750

Hours: 8 a.m. - 5 p.m.

Eligibility: All ages, families, homeless, near homelessness.

Services Provided: Provides a single point of entry for those who are experiencing homelessness and are the most vulnerable in the community.

Website: www.hawaiiaffordable.com

**HOUSING AND COMMUNITY DEVELOPMENT CORPORATION OF HAWAII (HCDCH)
AKA HAWAII HOUSING**

Phone: (808) 933-0474

Address: 600 Wailoa St. Hilo, HI 96720

Hours: Mon. - Fri. 7:45 A.M. - 4:30 P.M.

Eligibility: To qualify must first fill out a Public Housing Application form, rental amount based on income (not eligible if income is more than allowed amount). Must have eviction free history, positive rental references, credit criteria and criminal free background. May be eligible for utility allowance that will be deducted from monthly rent. "Family", elderly (age 62+), "disabled" (age 18+), "handicapped" (age 18+) or a "displaced family" as defined by Housing and Community Development Corporation of Hawaii.

Services Provided: Public Housing and Federal Rental Assistance Program.

Fees: Security deposit is equal to monthly rent.

Website: <http://dbedt.hawaii.gov/hhfdc/>

Inventory:

<https://dbedt.hawaii.gov/hhfdc/files/2023/05/Affordable-Housing-Inventory-5.09.23-.pdf>

HOPE SERVICES HAWAII

Phone: (808) 935-3050

Toll free: 1-877-935-3050 (Calling from payphone without money)

Hilo Address: 357 Waiuanuenue Ave, Hilo, HI 96720

Kona Address: 74-5593 Pawai Pl, Kailua-Kona, HI 96740

Hours: Mon. - Fri. 8:00 A.M. - 4:00 P.M.

Eligibility: Unsheltered homeless, living in an emergency shelter, homeless persons coming out of substance abuse treatment, homeless coming out of hospital, homeless with mental disabilities, homeless in transitional housing and persons receiving a 45 day eviction from their landlord. Services every person seeking shelter.

Homeless Prevention and Diversion*

Services Provided: Diversion is a strategy that prevents homelessness for people seeking shelter by helping them identify immediate alternate housing arrangements and, if necessary, connecting them with services and financial assistance to help them return to permanent housing

Outreach Services*

Services Provided: HOPE's outreach team engages with people experiencing homelessness, who are disconnected from available resources. They may be living on the streets, in cars, in the bushes, or in emergency shelters. They assist them in accessing health, housing and social services. Even if they can't get them into shelter right away, they follow up with them, keeping in regular contact as they work together toward permanent housing.

Shelter Services:

Services Provided: HOPE Services offers a variety of shelters for individuals and families experiencing homelessness. Each shelter is temporary and the main goal is to get participants into housing quickly.

Kiehi Pua:

Phone: 808-937-1837

Address: 115 Kapiolani St. Hilo, HI 96720

Services: Kihei Pua Family Shelter in Hilo accepts families with children, single females and couples. Priority is given to those with minor children.

Hale Maluhia Men's Shelter:

Phone: 808-443-4717

Address: 110 Ululani St, Hilo, HI 96720

Services: This emergency shelter offers beds for single males. Service animals are accepted with proper documentation.

Ohea House Veterans Shelter:

Phone: 808-934-8658

Address: 21 W Ohea St, Hilo, HI 96720

Services: Providing a safe place in our home for homeless veterans, including private and semi-private rooms, three meals a day, while helping secure a more permanent place to live at no cost.

Keolahou:

Phone: 808-935-2973

Address: 34 Rainbow Drive, Hilo, HI 96720

Services: Keolahou is an emergency shelter and assessment center for single men, and is Hawai'i Island's first 'ohana zone.

Sacred Heart Shelter:

Phone: 808-936-8415

Address: Akeakamai Loop, Pāhoa, HI 96778

Services: Constructed in just 30 days, Sacred Heart Shelter was a swift response to an immediate need. HOPE Services, in conjunction with several community partners jumped into action to build this 20 unit shelter for displaced seniors.

Housing/Residential Services:

Services Provided: The housing team provides financial assistance for individuals and families in need, and HOPE case managers provide support when they move into housing. HOPE’s team walks them through the process to ensure a smooth transition from homelessness into permanent housing.

Rapid Rehousing: Provides short-term financial assistance with rent and/or utilities, security and utility deposits, case management services, housing search, Renter’s Education Classes that include Tenant Rights and Responsibilities, Goal Setting, Housekeeping, Budgeting, 6 months follow-up home visits.

Affordable Housing: HOPE is partnering with members of our community to provide more long-term affordable housing solutions for our kūpuna at Sacred Heart Community in Pāhoa. HOPE also offers a master leasing program for landlords who believe all people should have access to affordable housing.

TANF Housing Placement Program: Provides pre and post rental housing counseling, housing placement services to TANF eligible families with a new Section 8 voucher or those transition from homelessness to permanent housing.

Permanent Supportive Housing: Permanent Supportive Housing offers long-term affordable housing assistance and case management for families and individuals with the greatest needs. Participants must meet the criteria for Chronic Homelessness meaning they’ve been homeless for more than a year, and have a documented disability.

KAUHALE OLU APARTMENTS (PEPEEKEO)

Phone: (808) 964-5015

Fax: (808) 964-1709

Email: Kauhale@awimc.com

Address: 28-2926 Kumula St. Pepeekeo, HI 96783

Hours: Mon. - Fri. 9:00 A.M. - 3:00 P.M.

Eligibility: To qualify must first fill Resident Screening and Selection Criteria form. Rental amount based on 30% of income (not eligible if income is more than allowed amount). Must have eviction free history, positive rental references, credit criteria, criminal free background. May be eligible for utility allowance that will be deducted from monthly rent.

Services Provided: Federally Subsidized Rental apartments in Pepeekeo.

Website: <https://www.awimc.com/communities/kauhale-olu-3-apartments>

MUTUAL SELF-HELP HOUSING PROGRAM – HAWAII ISLAND COMMUNITY DEVELOPMENT CORP.

Phone: (808) 969-1158

Address: 100 Pauahi St., Suite 201, Hilo, HI 96720

Eligibility: Have stable employment (ability to repay mortgage), acceptable credit record, meet income guidelines, and ability to provide 40 hours a week for labor requirements on weekends.

Services Provided: Develop suitable building sites, package house loan applications, provide house plans, and oversee land acquisition. Supervise and train participants of proper construction of homes, provide power tools, organize clients into self-help groups, solicit labor and material bids, and maintain accounting of mortgage funds and all bill paying.

Fees: Call for more information.

Website:

<https://www.hauolimauloa.org/partner/hawaii-island-community-development-corporation-hicdc>

Hope For Kids: Aina-Based education for youth

SALVATION ARMY FAMILY INTERVENTION SERVICES PROGRAM

Phone: (808) 959-5855 (Intake Program: 808-981-0316)

Address: 1786 Kino'ole St. Hilo, HI 96720

Hours: Office: 8:00 A.M. – 4:30 P.M. (Intake Program: 24/7)

Eligibility: Youth age 12-17, referred by Family Court, DHS, Police, and self or family referral.

Services Provided: Sanctuary to youth ages 12-17, up to 90 days placement. Youth learn life skills, i.e. cooking, positive communications, personal hygiene, household and socializing skills. Monitor school attendance, behavior and academics while they reside. Transportation to school, appointments and program activities. *Works toward family reunification.

ULU WINI FAMILY ASSESSMENT CENTER

Phone: 808-731-3541

Address: 73-4180 Ulu Wini Pl, Kailua-Kona, HI 96740

Eligibility: Families with minor children, for housing family must be literally homeless

Services: 18 transitional units on property for families with minors that are literally homeless, 5 DV units families with minor children fleeing domestic violence. Case management: housing applications, county housing, assist with filling out applications, help fill out legal documents, etc.

Website: <https://homelessness.hawaii.gov/ohana-zones/uluwini/>

LEGAL

AFFORDABLE LAWYERS PROJECT

Phone: (808) 536-4302 / 808-527-8027

Address: 924 Bethel Street, Honolulu, HI 96813

Hilo: 1-800-499-4302

Address: 305 Wailuku Dr. Hilo, HI 96720

Hours: Mon. – Fri. 9:00 A.M. – 11:30 A.M. and 1:00 P.M. – 3:30 P.M.

Eligibility: Low to medium income persons who do NOT meet Legal Aid’s income eligibility guidelines but fall between 125% & 250% of the federal poverty guidelines, known as the “Gap Group.”

Services Provided: Adoptions, Advanced Health Directives/ Living Wills/ Simple Wills Bankruptcy, Child Custody / Child Support / Visitation Modifications, Conservatorship / Guardianship of Minors or Incapacitated Persons, Divorces, Legal Separations, Paternity, Powers of Attorney, Name Changes.

Fees: Flat fee for uncontested cases, \$100.00 per hr. for contested cases (will accept a lump sum initial and monthly payments thereafter for services provided for contested cases.)

Do-it-yourself clinics for some services are also available for a small fee.

Website: <http://www/legalaidhawaii.org>

ARRESTED ADULTS INFORMATION

Phone: (808) 961-2213 *Police Receiving Desk 24/7*

Services Provided: Provides information regarding people currently under arrest.

DOMESTIC VIOLENCE/SEXUAL ASSAULT UNIT HAWAII COUNTY POLICE DEPARTMENT - JUVENILE AID SECTION

Phone:(808) 961-2300

Address: 349 Kapiolani St. Hilo, HI 96720

Hours: Mon. - Fri. 7:45 A.M. - 4:30 P.M.

Eligibility: Criminal Domestic Violence/Sexual Assault cases.

Services Provided: Liaison between victim, police and prosecutor. Follow up on domestic violence criminal cases. Victims may call with questions regarding police procedure or concerns about their case. *Referrals to domestic violence and sexual assault services.

HALE KAULIKE SELF-HELP CENTER

Hilo Location: (808) 909-2845

Address: 777 Kilauea Ave. State Courthouse, 1st Floor. Hilo, HI 96720-4212

Hours: Tuesdays in person & Fridays by phone from 11:15 A.M. – 12:45 P.M.

Kona Location: (808) 909-2843

Address: 74-5451 Kamakaeha Avenue Kailua-Kona, Hawaii 96740

Hours: Wednesday 11 A.M - 1 P.M.

Services Provided: Volunteer attorneys will provide limited legal information to self-represented litigants on civil matters at no charge.

General Info website:

https://www.courts.state.hi.us/general_information/access_to_justice_rooms_self_help_centers

HAWAII ONLINE PRO BONO:

Website: <https://hawaii.freelegalanswers.org/>

Services: online legal advice clinic for qualifying users to post civil legal questions at no cost. Volunteer Attorneys will respond via online.

HAWAII POLICE DEPARTMENT:

Website: <https://www.hawaiipolice.com/contact-us/police-department-contacts>

HAWAII STATE JUDICIARY - eCOURT KOKUA:

Services Provided: Navigate information and documentation on court cases.

Website: <http://jimsps1.courts.state.hi.us:8080/eCourt/ECC/ECCDisclaimer.iframe;jsessionid=93C7C0434BD17872F4E22E4786FE3E70>

HAWAI'I SAVIN

Phone: 1-877-846-3444 (TTY: 1-866-847-1298)

Services Provided: Supports victim/survivor and public safety by providing timely, accurate information about the status of detainees housed within the Department of Public Safety's correctional facilities. register to receive notification of custody or release status by telephone, text and/or e-mail.

Website: <https://vinelink.vineapps.com/state/HI>

Crime Victim Compensation Commission: 808-587-1143

County Prosecutors' - Victim Witness Assistance Programs

Hilo: 808-934-3306 / 1-800-901-4021 (toll-free)

Kona: 808-322-2552 / 1-800-321-8712 (toll-free)

KU'IKAHI MEDIATION CENTER

Phone: (808) 935-7844

Address: The Hilo Lagoon Center, 101 Aupuni St., Suite PH 1014 B-2, Hilo, HI 96720

Hours: Mon. – Fri. 8:30 A.M. - 4:30 P.M.

Services Provided: Professionally trained volunteer mediators and support staff assist individuals, families, and businesses who are in a dispute to develop positive outcomes.

Fees: Free or low-cost conflict resolution services for various issues, including auto accident, business, civil rights, condominium, consumer/merchant, domestic, education, family, friend, homeowners association, job related, juvenile, landlord/tenant, neighbor, pet, real estate, and more.

Website: www.hawaiimediation.org

Online Intake form: <https://hawaiimediation.org/mediation/>

LAW HELP:

Website: <https://www.lawhelp.org/hi/>

Services: Legal informational brochures, videos and online court forms for family, housing and other civil legal problems.

LEGAL AID SOCIETY OF HAWAII

Hilo Location: (808) 961-2851

Intake Line: (808) 934-0678

Hours: Mon. – Fri. 8:00 A.M. – 4:30P.M.

Address: 101 Aupuni St PH 1002A, Hilo, HI 96720

Kona Location: (808) 329-3910

Intake Line: 1-808-499-4302

Hours: (Mon. – Fri. 9:00 A.M. – 11:30 A.M. and 1:00 P.M. - 3:30 P.M.)

Address: 75-170 Hualalai Rd, Suite B, Rm 303A, Kailua-Kona, HI 96740

Hours: Mon. - Fri. 8:00 A.M. - 4:30 P.M.

Eligibility: Income eligible.

Services Provided: legal services for those who cannot afford a private attorney. Indigent legal assistance, housing, family law, etc. Free services to seniors (60+).***Note:** Need documents pertaining to case and application process is on a case by case basis.

Fees: Client covers all filing fees.

Website: <http://www.legalaidhawaii.org>

Online Application:

https://lashoi.legalserver.org/modules/matter/extern_intake.php?pid=129&h=daa817&

NOTARY PUBLIC SERVICES- DONNA

Phone: Text or call 619-405-3900. Backup # 808-491-2582

Address: 126 Keawe Street, Hilo, HI 96720 – inside Big Island Climbing

Hours: Call for an appointment. (Office: Sun-Tues 12pm-6pm) Mobile fees will apply for appointments outside of office hours.

Email: donna@alphabetsoup.work

Services Provided: Notary Services, process serving

Fees: Starting at \$5 per signature (see website)

Website: <https://hilonotarydonna.com/>

VICTIM WITNESS ASSISTANCE PROGRAM – OFFICE OF THE PROSECUTING ATTORNEY

Hilo Location: (808) 934-3306

Address: Aupuni Center, 655 Kilauea Ave. Hilo, HI 96720

Kona Location: (808) 322-2552

Address: 74-675 Kealakehe Pkwy Kailua Kona, HI 96740

Hours: Mon.-Fri. 7:45 A.M. - 4:30 P.M

Eligibility: All victims and witnesses of crime.

Services Provided: Explain judicial process, assistance in court appearances and court proceedings, information to victim about the case, property return assistance, restitution recovery, help with obtaining witness fees, referrals to community agencies, assistance with criminal injuries compensation, victim impact statement, crisis and short term counseling, employer intercession, assistance in requesting notification when defendant is released into the community, etc.

Information Website:

<https://www.hawaiicounty.gov/departments/prosecuting-attorney/victim-witness-program>

WE ARE OCEANIA

Phone: (808) 754-7303

Eligibility: Must have their Passport, I-94, SSN, and mailing address

Services Provided: Helps COFA citizens obtain health insurance and renew passports. Assist with language barriers.

MENTAL HEALTH

SEE ALSO "CHILDREN'S SERVICES"

CRISIS ACCESS LINE - 24- HOUR CRISIS LINE: 1-800-753-6879
TEXT LINE: 741741 (ALOHA IF IN CRISIS)

General Info Website: <https://health.hawaii.gov/amhd/consumer/access/>

HAWAII CARES 988:

Crisis hotline and national suicide prevention hotline: call or text 988

Services: Free mental health and substance use call center with local, experienced, and caring crisis counselors

ALOHA INDEPENDENT LIVING HAWAII

Phone: 800-385-2454

Email: info@alohailhawaii.org

Address: P.O. Box 283 Pearl City, HI 96782

Hours: Mon. – Fri. 8:00 A.M. – 2:00 P.M.

Hilo Office: 808-339-7297

Address: 1055 Kinoole St. Unit 202

Hours: Mon. – Fri. 9:00 A.M. – 4:00 P.M.

Eligibility: Any person with a disability that prohibits them from performing at least two every day, normal daily activities.

Services: Information & Referral, Peer Counseling, Advocacy, Independent Living Skills, Transition to employment, further education, or independent living.

Website: <http://www.alohailhawaii.org>

CARE HAWAII, INC.

Hilo Location: (808) 930-0777

Address: 891 Ululani st. Hilo, HI 96720

Kona Location: (808) 327-6500

Address: 79-7446 mamalahoa hwy Kealahou, HI 96750

Eligibility: Depends on insurance providers.

Services Provided: Care Hawaii Inc. provides services to promote physical, emotional and educational development of all identified students and their families.

Website: <https://www.carehawaii.com/>

Adult Services

Adult services are provided for individuals with serious mental illness including schizophrenia, bi-polar illnesses, depression and dual-diagnosis disorders. Services include crisis mobile outreach, crisis support management, intensive case management, assertive community treatment, psycho-social rehabilitation, specialized residential rehabilitation, and licensed crisis residential services.

Addiction Services Intensive outpatient treatment program for individuals having a chemical dependency. Treatment includes assessment, education, individual and group therapy, introduction to self-help support groups, family support and aftercare. DD & Crisis Network

Services CARE Hawaii provides both Medicaid Waiver & Non-waiver services for any participant who meets Developmental Disability criteria.

EPIC INC. - `OHANA CONFERCING

OAHU Phone: (808) 838-7752

Address: 1130 North Nimitz Hwy, Suite C210. Honolulu, HI 96817

HILO Phone: (808) 961-9880

Address: 101 Aupuni St. Suite 140 Hilo, HI 96720

Hours: Mon.-Fri.: 8:00 a.m.-5:00 p.m.

Eligibility: Anyone receiving services through Child Welfare Services can ask for a conference. Youth Circle, teens that have been in the foster system.

Services Provided: Family group conferencing consisting of three parts, 1) information sharing, 2) private family time, and 3) Agreement in writing. Opens up the decision making process to families, community service providers and legal representatives for parents and children to create an opportunity for everyone to learn about the CWS (aka CPS) system. Parents, extended family members and community professionals learn what their roles and responsibilities are as part of a support team to keep children safe. Those who attend `Ohana Conferences become part of the process of supporting family reunification or finding safe, permanent homes for children. Provides a process and place for everyone to meet, share information, brainstorm options, and develop plans that are based on what is best for the children.

Website: <https://www.epicohana.org/>

HAWAII COUNSELING AND EDUCATION CENTER

Phone: (808) 254-6484

Address: P.O. Box 795, Pahoa, HI 96778

Email: info@hcechawaii.com

Eligibility: Pending insurance carriers.

Services Provided: All programs at HCEC are based on the recognition and certainty that every client is born with the innate potential to discover and live from a naturally healthy state of mind within themselves. HCEC provides Individual, Couples, & Family Therapy, Anger Management/DV Program, Outpatient Substance Abuse Treatment, Parenting Program, Assessments, and Telehealth Therapy.

HAWAII ISLAND FAMILY GUIDANCE CENTER -DEPARTMENT OF HEALTH CHILDREN AND ADOLESCENT MENTAL HEALTH SERVICES

East HI Location: (808) 933-0610

Address: 88 Kanoelehua Ave. Suite B #107, Hilo, HI 96720

West HI Waimea Location: (808) 887-8100

Address: 65-1230 Mamalahoa Highway, Suite A-1 Kamuela, HI 96743

Kona Location: (808) 322-1535

Address: 75-5788 Kuakini HWY Suite 201 Kailua-Kona, HI 96743

Hours: Mon.-Fri.: 7:45 a.m. – 4:30 p.m.

Eligibility: Children age 3 and older. Adults up to the age of 20. They can be referred by anyone, but to receive services they must meet the following criteria: Have an Individualized Education Plan (IEP) that identifies the need for mental health services, or Have MedQuest and meet "Support for Emotional and Behavioral Development" (SEBD) program requirements, or Referred by the Office of Youth Services (OYS) and meet program requirements.

Services Provided: Focus upon special education children with severe emotional disturbances and others who meet certain criteria. Will refer the child to a contracted provider. Coordinates mental health services. Accesses funds and services for all clients: therapeutic individual and group homes, hospitalizations, intensive home-based services, therapeutic aids for community, individual and family and group therapy, respite services, residential care referral and creative options for treatment through "Wraparound" funding. Provides intensive therapeutic care management.

HAWAII FAMILIES AS ALLIES WARM LINE - DEPARTMENT OF HEALTH

Phone: (808) 682-1511

Hours: Mon.-Fri.: 8:30 a.m. – 4:30 p.m.

Mailing Address: PO Box 1971 Aiea, HI 96701

Eligibility: Open to everyone with a child who seems emotionally or behaviorally different or challenged.

Services Provided: Person to person talk story "warm" line five days a week. A Parent Partner will assist you with Emotional Support & Technical Assistance. Parenting classes, informational classes on ADHD, conduct disorder, effective bookkeeping.

Website: <https://www.hifamilies.org/>

Email: hfaa.ohana@gmail.com

HILO VET CENTER

Phone: (808) 969-3833

Veteran Outreach Specialist - Maricar Souza: Cell-960-1904

Hours: Mon - Fri 8:00 A.M. - 4:30 P.M.

Address: 70 Lanihuli St. Suite #2 Hilo, HI 96720

Services Provided: Information, counseling and advocacy for veterans and their families.

Fee: Free

Website: www.va.gov/directory/guide/facility.asp?ID=440

HAWAII STATE DEPARTMENT OF HEALTH- ADULT MENTAL HEALTH DIVISION

Phone: (808) 586-4686

Address: 1250 Punchbowl Street, Room #256 Honolulu, Hawaii 96813

Eligibility: 18 years and older. Must be a resident of the state of Hawaii. Diagnosed with a mental illness, court ordered treatment, uninsured or underinsured, victims of natural disasters/terrorism, and those who are in a state of crisis and need help for a short period of time.

Services Provided: Provides comprehensive services to persons in acute mental health crisis or who are suffering from a serious mental illness. Provides psychiatric evaluation and treatment, counseling and psychotherapy, case management, outreach, crisis intervention, and psychosocial rehabilitation. *Families will receive free, short-term, home visiting services, confidential, informative.

Fees: Vary depending on services provided. Insurance accepted Medicaid, Medicare, private carriers; no one will be turned away if unable to pay.

HAWAII BEHAVIORAL HEALTH

Phone: (808) 935-7949

Emergency/After Hours: 1-800-753-6879

Address: 69 RailRoad Ave. Unit A3 Hilo, HI 96720

Hours: Mon.-Fri.: 7:30 a.m. - 4:30 p.m.

Eligibility: Children and Adolescents.

Services Provided: Applied behavioral Analysis and developmental disabilities programs to serve children with ASD and their families at home, in after school programs or clinics.

Eligibility: DDP can be through DOE or CAMHD ABA referrals can be DOE, health professional, or self-referral by child's parents

Website: <http://hibh.org/>

HAWAII CARE CHOICES

Phone: (808) 969-1733

Address: 1011 Waiuanue Ave. Hilo, HI 96720

Hours: Mon. - Fri. 8:00 A.M.- 4:30 P.M.

Services Provided: Compassionate medical and nursing care for terminally ill adults and children at no cost to patient or family. Counseling, respite, groups and other supportive services for family members, grief counseling for community-at-large.

Fee(s): Most insurance plans have a Hospice benefit. The overall fees will vary according to financial status. ***NOTE:** Nurses on call 24-hours/day for enrolled Hospice patients.

Website: <https://www.hawaiicarechoices.org>

HOSPICE OF KONA

Phone: (808) 324-7700

Address: 75-5925 Walua Road, Kailua-Kona, HI 96740

Hours: M-F 8AM-4PM

Eligibility: End of life diagnosis, can be referred by Doctors.

Services Provided: Hospice is designed to bring personalized, sensitive, compassionate health care and support to individuals and their families facing the advanced stages of a life-limiting illness. Hospice recognizes that a patient who is dealing with the end of life seeks and deserves comfort in every aspect of his/her life. Hospice embraces the reality that, when a cure is not possible, the end of life can still be filled with love and comfort.

Website: <https://www.hospiceofkona.org/home.html>

KONA VET CENTER

Phone: (808) 329-0574

Hours: Mon - Fri 8:00 A.M. - 4:30 P.M.

Address: 73-4976 Kamanu Street Suite 207, Kailua-Kona, HI 96740

Services Provided: Information, counseling and advocacy for veterans and their families.

Fee: Free

Website: <https://www.va.gov/kona-vet-center/>

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Phone: (808) 959-2426

Email: bigisland@namihawaii.org

Services Provided: Family Support Groups for family members who support or care for someone with mental illness. Connection Recovery Support Groups for people living in recovery from mental health conditions. Free 2-day seminars for Families & Friends who have loved ones with a mental health condition and a free 8-session educational program that significantly improves the coping and problem-solving abilities of the people closest to a person with a mental health condition.

Fee: Free

Website: <https://namihawaii.org/big-island/>

SOCIAL SECURITY ADMINISTRATION

Phone: (808) 959-1504 **Administration:** 1-800-772-1213 Toll Free

Address: 111 East Puainako St. Suite 710 (Prince Kuhio Plaza) Hilo, HI 96720

Hours: Mon. Tues. Thurs. Fri. 8:30 A.M.-3:30 P.M

Services Provided: Retirement income available, monthly benefits to their survivors and to the disabled.

Website: <https://www.ssa.gov/>

VOCATIONAL REHABILITATION: DEPARTMENT OF HUMAN SERVICES

Hilo Location: (808) 974-6444

Address: 75 Aupuni St. Hilo, HI 96720

Kona Location: (808) 323-0025

Address: P.O. Box 459 Captain Cook, HI 96704

Services Provided: Individuals with disabilities who are seeking employment. Call or walk in to make a referral/request for services.

Eligibility: Applicant must have a physical or mental impairment which results in a substantial impediment to preparing for, securing, retaining or regaining employment, and requires one or more services from the agency to overcome the impediment which cannot be obtained elsewhere.

Website: <https://humanservices.hawaii.gov/vr/> *Application available online

Brochure:<chrome-extension://efaidnbmnnnibpcajpcgclefindmkaj/https://humanservices.hawaii.gov/vr/files/2020/04/DHS-2000-Division-Brochure.pdf>

PARENTING / PARENT GUIDANCE

SEE ALSO "CHILDREN'S SERVICES"

CATHOLIC CHARITIES

Hilo Location: (808) 933-4357

Address: 62 Kinoole St. Hilo, HI 96720

Kona Location: (808) 327-2740

Address: 73-5618 Maiau St., Suite B-201 Kailua-Kona, HI 96740

Service Provided: Family Programs: Comprehensive Counseling and Support (individual, couples, and families), Voluntary Case Management, Resource Family (foster care), Inner-state compact services of place of child, Immigration services program, Support for Veteran Families, Medication Management, Hawaii Island Community, Intake information referral, and counseling with fees.

Website: www.CatholicCharitiesHawaii.org

HAWAII ISLAND YOUNG LIFE

Phone: (808) 969-9074

Address: 116 Hualalai St., Suite #100 Hilo, HI 96720

Hours: Mon. – Fri. 9:30 A.M. – 3:30 P.M.

Eligibility: Referral through family court or other agencies and self-referral okay.

Services Provided: Teenagers, junior high to high school, and teen moms. Mentors meet during the week for club activities or meetings. Summer camps junior high participants go to Oahu and high school participants go to the mainland.

Fees: Free.

Website: <https://hawaii.younglife.org/>

KEIKI O KA AINA FAMILY LEARNING CENTER*

Hilo Location: 421 Kalanikoa Street, Suite 203 Hilo, HI 96720

Kona Location: (808) 339-7979

Address: Kona 75-127 Lunapule Road, Suite 8A Kailua-Kona, HI 96740

Website: <https://www.koka.org/>

Keiki- Children's Programs

Services Provided: Home Instruction for Parents of Preschool Youngsters (HIPPY); offers home based early childhood education for three, four and five year old children working with their parent(s) as their first teacher. Parents as Teachers (PAT); offers a home-based program for families that begin before your keiki is born until a keiki turns three. Through these home visits, we support parents with practical, research-based strategies and activities to support the importance of enhancing school readiness during these critical and formative years of a keiki's life.

Ohana- Family Programs

Services Provided: Healthy Marriages; designed to bring married couples closer together, away from the daily hustle and bustle, to reach out and share with each other on a whole new level. Strengthening Families Affected by Incarceration; serves children and youth with a parent or parents in prison, family members who are taking care of the children and youth and the incarcerated parent. Laulima Giving Program; Keiki O Ka Aina partners with KHON2 to

assist struggling and deserving families, elderly and individuals including: children with special needs, families affected by incarceration and single parents through donations of goods, cash equivalents, enriching experiences, and advocacy.

MOTHERS AGAINST DRUNK DRIVING

Oahu: 808-532-6233

Neighborhood Islands: 1-888-664-6233

PARENT LINE

Phone: 808-526-1222 (Neighbor Islands: 1-800-816-1222)

Mailing Address: 91-1841 Fort Weaver Rd. Ewa Beach, HI 96706

Hours: Mon.-Fri.: 8:00 a.m. - 6:00 p.m.; Sat. 9:00 a.m.-1:00 p.m.

Eligibility: Anyone with concerns and or question(s) about parenting.

Services Provided: Support for Parents/Caregivers with children 0-20 years, expectant parents, grandparents and other family, teachers, childcare providers, etc. Phone line staff will help problem-solve parenting challenges and child and adolescent behavior, etc. Website offers "The Teddy Bear Post", with helpful information regarding child development and child rearing, links to resource directory for parents of young children.

Website: www.theparentline.org

PARENTS, INC.

East HI Location: (808) 934-9552

Address: 120 Pauahi St. Suite 210 Hilo, HI 96720

Ka'u Location: (808) 333-3460

Address: 95-5657 Mamalahoa Hwy. Unit 5, Na'alehu, HI 96772

Services Provided: Family Strengthening, prevention and treatment of child abuse and neglect. Full range of prevention, education, treatment services for men, women and children. Supervised family visits starting at \$12.50/half hour, and \$10.00 Supervised transition

*Parenting Groups: Call for schedule. Register for classes online

Website: <https://hawaiiparents.org/>

SENIOR ASSISTANCE

COORDINATED SERVICES FOR THE ELDERLY

Hours: 7:45am-4PM

East HI Location: (808) 961-8777

Address: 1055 Kino'ole Street, Suite 106 Hilo, HI 96720

West HI Location: (808) 323-4320

Address: 74-5044 Ane Keohokalole Hwy Kailua-Kona, HI 96740

Pahoa HI Location: (808) 965-2705

Address: 15-3016 Kauhale st. Pahoa, HI 96778

Puna HI Location: (808)-966-5800

Address: 16-186 Pili Mua st. Keaau, HI 96749

Ka'u HI Location: (808) 928-3100

Address: 96-1169 Holei st. Pahala, HI 96777

Naalehu HI Location: (808) 939-2504

Address: 95-5635 Mamalahoa Hwy Naalehu, HI 96772

Hamakua HI Location: (808) 755-7503

Address: 45-540 Koniaka Pl, Honokaa, HI 96727

Waimea HI Location: (808) 887-3008

Address: 67-1199 Mamalahia Hwy Kamuela, HI 96743

Kohala HI Location: (808) 889-6502

Address: 54-3888 Akoni Pule Hwy Kohala, HI 96755

EMail: cse@location@hawaiiicounty.gov

Services Provided: Offers senior citizens 60 years and older a wide variety of services. This includes: Determining particular needs; Making referrals & Follow up; Providing information about programs and services; Issuing the County Senior Citizen ID card which offers discounts from various business establishments; in-home chore (which includes light housekeeping, laundry, meal planning, cooking, shopping assistance, personal care, running errands, escort, etc.), transportation, friendly visiting, letter reading/writing, translating/interpreting, counseling, financial affairs, housing assistance, client advocacy and outreach activities. *There are multiple locations throughout Hawaii County*

Website: <https://www.parks.hawaiiicounty.gov/divisions/elderly-activities/coordinated-services-for-the-elderly-cse>

COUNCIL FOR NATIVE HAWAIIAN ADVANCEMENT - DHHL KŪPUNA RENTAL SUBSIDY PROGRAM

Phone: (808) 596-8155

Email: INFO@HAWAIIANCOUNCIL.ORG

Eligibility: Renters that are 62+ and on the DHHL waitlist. Household income must not exceed 80% AMI limit and must not be receiving Section 8 or any other type of rental subsidy. Applicants must pass a HUD Housing Quality Standard rental unit inspection. All approved applicants will be required to attend individualized housing counseling with Hawaiian Community Assets.

Services Provided: Program recipients will pay up to 30 percent of their total household income towards their rent, and the program will cover the remainder of the rent. The program

subsidy may only be used for rental payments and will go directly to the program recipient's landlord. Applicants are eligible for up to 12 months in rental subsidies with an option to renew subject to the availability of funds.

Website: <https://www.hawaiiancouncil.org/kupuna/>

ELDERLY RECREATION SERVICES:

South Hilo Location: 127 Kamana st. Rm 1 Hilo, HI 96720

Phone: 808-961-8710

Hilo: 929 Ululani st. Hilo, HI 96720

Keaau Location: 16-186 Pili Mua St. Kea'au, HI 96749

West Hawaii Location: 74-5044 Ane Keohokalole Hwy, Kailua-Kona, HI 96740

Phone:

Services:

Class schedule Hilo:

<https://records.hawaiicounty.gov/weblink/DocView.aspx?dbid=1&id=123469>

Keaau, Pahoa, Kau:

<https://records.hawaiicounty.gov/weblink/DocView.aspx?dbid=1&id=123498>

West Hawaii:

<https://records.hawaiicounty.gov/weblink/DocView.aspx?dbid=1&id=122089>

HAWAII ISLAND ADULT CARE, INC (HIAC) - HIGH QUALITY ADULT DAY CARE AND CAREGIVER SUPPORT

Hilo Location: (808) 961-3747

Address: 561 Kupuna Place, Hilo, HI 96720 at the Harry and Jeanette Weinberg Hilo Adult Day Center in the Mohouli Senior Housing complex

Services Provided: A warm and welcome home away from home for participants in a brand new, state of the art facility, Nutritious breakfast, lunch and snack daily, Quiet, comfortable rest areas for relaxing, Incontinence Care, Assistance with transportation arrangements, Support and education for family caregivers, Tuition assistance for low income participants, Referral of clients with other needs to a variety of health and information resources, Free visitation for those interested in the program. Free family Caregiver counseling

Website: <https://www.hawaiiislandadultcare.org/>

HAWAII COUNTY OFFICE OF AGING

Hilo Location: (808) 961-8626

Address: 1055 Kinoole St, Hilo, HI 96720

Kona Location: (808) 323-4392

Statewide: (808) 643-2372

Address: 74-5044 Ane Keohokalole Highway, Bldg B Kailua-Kona, HI 96740

Services Provided: home to information and services for residents aged 60 years and older, persons with disabilities, and their caregivers. The HCOA staff are experts on aging and disability service delivery.

Website: <https://www.hcoahawaii.org/home>

HAWAII COUNTY NUTRITION PROGRAM:

Location: 1055 Kinoole st, #102 Hilo, HI 96720

Phone: (808) 961-8726

Services: Meals on wheels - weekly meal deliveries to seniors and adults who are homebound.

Congregated Dining: Sites in all districts providing lunches, activities, education, outings and more seniors 60+

KUPUNA PANTRY- THE FOOD BASKET

Phone: (808) 933-6030

Address: 40 Holomua St, Hilo, HI 96720

Eligibility: 60 years and older, must meet federal low-income criteria

Services Provided: Kupuna Pantry participants receive monthly food boxes that include a variety of foods, such as milk, juice, oats, rice, pasta, peanut canned fruits and vegetables. Application pdf available online and can be submitted via Mail, Fax, or email

Website: <https://www.hawaiifoodbasket.org/kupuna-pantry-csfp>

SENIOR FARMERS MARKET NUTRITION PROGRAM (SFMNP)

MAIN: (808) 731-7009

Hours: M-F 8am-4:30pm

Address: 47 Rainbow Dr. Hilo, HI 96720

Eligibility: At least 60 years of age, permanent resident of Hawaii, and meets income requirements.

1-person household: \$32,023.50 annual household income or less

2-person household: \$43,475.00 annual household income or less

3-person or more household: Add \$11,451.50 per additional household member

Services Provided: Provides seniors transportation and vouchers to farmer's markets across the island in an effort to increase community access to fresh, local food. Can apply online or mail/fax a paper application.

Website: <https://hceoc.net/food/sfmnp/>

SEXUAL ASSAULT

24-HOUR SEXUAL ASSAULT HOTLINE: (808) 935-0677

SEXUAL ABUSE TREATMENT CENTER HOTLINE

24- Hour Phone: (808) 524-7273

Daytime: (808) 535-7600

ADULT PROTECTIVE SERVICES- DEPARTMENT OF HUMAN SERVICES

Phone: (808) 933-8820

Address: 1055 Kinoole St. Suite #201 Hilo, HI 96720

Hours: Mon.-Fri.: 7:45 a.m. to 4:30 p.m.

Eligibility: Must be a dependent adult.

Services Provided: Provides protective services to abused, neglected, or financially exploited dependent adults, ages 18 or older.

HO'OLA NA PUA*

Phone: (808) 284-0051

Address: 399 Hualani Street 13D, Hilo, HI 96720

Eligibility: Ages 8 - 24.

Services Provided: The Starfish Mentoring program aims to create new, healthy connections through mentorship to guide mentees toward self-efficacy and empowered living. The long term goal is to provide a critical piece of the continuum of care in order to reduce victimization/revictimization and support healthy social reintegration. Education for children, parents, and teachers surrounding sex trafficking, risks, and online safety.

Website: <https://hoolanapua.org/>

SEX ABUSE TREATMENT SERVICES (SATS) - CHILD AND FAMILY SERVICE

Hilo Location: (808) 935-2188

Address: 1045 A Kilauea Ave. Hilo, HI 96720

Kona Location: (808) 323-2664

Address: 81-6587 Mamalahoa Hwy. Bldg. C
Kealahou, HI 96750

Hours: Mon. – Fri.: 8:00 a.m. - 5:00 p.m.

Eligibility: Victims of intrafamilial sex abuse, their siblings, non-offending parents, and offenders. Most must be referred by DHS – some programs such as Adults Molested as Children can be self-referred.

Services Provided: Provides group counseling, individual counseling, couples counseling and family counseling services for victims of incest, their siblings, non-offending parents and offenders. Non-Offending caretakers group (NOC) is a 10-week psycho-educational group for non-offending parent. Provides group therapy for child victims ages 3-18 including groups for both the child victims and his/her siblings. (AMAC) Adults Molested as Children is a group therapy and support program for adults who were molested as children.

Website: <http://www.childandfamilyservice.org/>

YWCA - SEXUAL ASSAULT SUPPORT SERVICE (SASS)*

Hilo Office: (808) 935-7141, **24-hr line:** (808) 935-0677

Address: 180 Kinoole St. #301 Hilo, HI 96720

Ululani Location: 145 Ululani St. Hilo, HI 96720

Office Hours: Mon. – Fri. 7:30 A.M. - 4:30 P.M.

Eligibility: Victim of Sexual Abuse/Assault

Services Provided: Confidential counseling, crisis intervention, emotional and moral support during a medical exam, assistance in decision of whether to file a police report, 24-hour crisis line, community education, therapeutic services and awareness & prevention activities.

Website: <http://ywcahawaiiisland.org/>

SMALL BUSINESS

HAWAII SMALL BUSINESS DEVELOPMENT CENTER

Hilo Location: (808) 933-0776

Address: 100 Pauahi Street – Suite 109 Hilo, HI 96720

Kona Location: (808) 333-5000

Address: 73-970 Makakō Bay Drive – Suite 108 Kailua-Kona, HI 96740

Services Provided: State-wide business assistance organization. Confidential business services at no charge includes; business advice, training & events, research & analysis.

Website: <https://www.hisbdc.org/>

HAWAII SMALL BUSINESS GRANTS

Services Provided: A list of recent state funding opportunities for small businesses in Hawaii.

Website: <https://www.usgrants.org/hawaii/small-business-grants>

HAWAII ISLAND SMALL BUSINESS KAMAAINA DIRECTORY:

Website: <https://www.kamaainadirectory.com/listings/>

MĀLAMA LOAN PROGRAM -OFFICE OF HAWAIIAN AFFAIRS

Hilo Location: (808) 295-0236

Address: 484 Kalanikoa St. Hilo, HI 96720

Kona Location: (808) 327-9525

Address: 75-1000 Henry Street, Suite 205, Kailua-Kona, HI 96740

Hours: M-F 8am-4:30pm

Services Provided:(also known as the Native Hawaiian Revolving Loan Fund, or NHRLF) is designed to help provide all people of Native Hawaiian ancestry better access to credit, capital, and financial services and skills as part of a larger effort to create jobs, wealth, and economic and social well-being for all the people of Hawai'i.

Website: <https://loans.oha.org/business/malama-business/>

STATE OF HAWAII - STARTING A BUSINESS

Website: <https://portal.ehawaii.gov/business/starting-a-business/>

Services Provided: Steps to starting a business, business name search, register a business online, registration forms/fees, and the business action center.

BUSINESS ACTION CENTER:

Phone: (808) 974-4000

U.S. SMALL BUSINESS ADMINISTRATION

Phone: (808) 541-2990

Address: 500 Ala Moana Blvd. Suite 1-306 Honolulu, HI

Services Provided: The U.S. Small Business Administration for Hawaii has business guides, funding help, learning center, and local assistance.

TRANSPORTATION

ALOHA CARE- QUEST (TRANSPORTATION)

Phone: 1-877-973-0712

Eligibility: Taxi coupons by doctor note or high-risk visit, are seeing a specialist for consultation, or are seeing a behavioral health provider. It is not to be used for a person who usually has transportation. Persons needing transportation must speak to their doctor and doctor will call at least 72 hours in advance to Aloha Care Quest. Aloha Care Quest will coordinate transportation needs with taxi service and eligible clients. For medical transportation only.

Website: <https://transdevhealthsolutions.com/>

ANGEL FLIGHT WEST*

Phone: (310) 390-2958

Services Provided: Through a network of volunteer pilots and commercial airline partners, Angel Flight West delivers health and hope by arranging free flights for children and adults who must travel long distances to access non-emergency medical care. In addition to medical flights, we also arrange transportation for other needs: individuals and families escaping domestic violence, injured military personnel taking part in therapeutic programs, and flying youngsters and teens to specialty camps like those for burn survivors or kids with cancer.

Website: <https://www.angelflightwest.org/>

HCEOC- TRANSPORTATION DEPARTMENT

MAIN: (808) 731-7009 *OPTION 3

Address: 47 Rainbow Dr. Hilo, HI 96720

Office Hours: Mon.-Fri.: 8:00 a.m.-4:00 p.m.

Transport Hours: Varies.

East HI Transportation Office: (808) 935-5219

West HI Transportation Office: (808) 322-3429

Eligibility: Hawai'i Island residents who are elderly, disabled, or low-income. Must complete HCEOC Application found online or call.

Services Provided: Passenger Van. Curb to curb transportation for medical, employment, shopping, and recreational purposes.

Website: <https://hceoc.net/programs/transportation/kahookele/>

HELE ON BUS- HAWAII COUNTY MASS TRANSIT

Phone: (808) 961-8744

Address: 1266 Kamehameha Ave., Suite #A-2 Hilo, HI 96720 (Hilo Iron Works Bldg.)

Office Hours: Mon.-Fri.: 7:45 a.m.-4:30 p.m. ***See bus schedule for hours of operation.**

Services Provided: Public Transportation on the Island of Hawaii.

Share Ride Taxi Program- Hawaii County- Flexible shared ride taxi program, door-to-door transportation service within the urbanized area of Hilo and Kona. Call or see a website for a list of carriers.

Fees: Call for information

Website: <https://www.heleonbus.hawaiicounty.gov/getting-around>

Programs:

Hele-On get your shot: \$15 subsidy provided by Hele-on for uber rides to and from vaccination appointments. Each individual allowed 2 round trips (4 rides)

Kako'o Paratransit Services: an advanced reservation, origin-to-destination service for persons with disabilities who are unable to use the regular fixed Hele-On bus service within the Hilo, Puna and Kailua-Kona service areas. Eligibility is not based on the disability, but rather the functional inability of someone to use the fixed route service. Must be at least 24 hours in advance to the date of transportation.

Determine eligible address online at:

<https://www.google.com/maps/d/u/0/viewer?mid=1PAztxFhPa7yGGkQ2cctCyaJGiiicj4&ll=19.614428046155435%2C-155.465213&z=10>

Reservation line (808) 640-1020 Daily from 7:45am-4:30pm

Ka Ho'okele: provides public transit to individuals who reside in rural areas outside of the regular Hele-On fixed route and paratransit services. The program is available to the general public, Monday – Friday from 7:30 a.m. – 4:30 p.m., excluding County observed holidays. Services are operated by Hawaii County Economic Opportunity Council (HCEOC). (808) 731-7009, option 3.

HIBIKE, Bike Sharing: Free access to HIBIKE if using Hele-on, ask bus drivers for code to use at kiosks. Website: <https://www.hawaiiislandbike.com/>

Hoa Holo Vanpool: Hele-On will subsidize \$500 per month for each vanpool group formed. We'll help you form a pool with coworkers who live nearby and provide a recent-model vehicle. You'll save money, while getting back valuable time in your day.

HMSA - QUEST

Phone: 1-800-440-0640 **Hawaii line:** 808-948-6079

Hilo Location: 303A east Makala st. Hilo, HI 96720

Hours: M-F: 9am-6pm Sat: 9am-2pm

Eligibility: Person must speak to Primary Care Physician (PCP) and inform the doctor of transportation problems.

Services Provided: If a person is currently enrolled with HMSA Quest, PCP will call in request and HMSA Quest will generate referral and coordinate with taxi service. PCP may also fax in request for travel. Also, if a person was Air Ambulance to Honolulu and was released, the hospital may contact HMSA Quest to request travel back to the island. Must be submitted six days prior scheduled appointment.

HUI MALAMA OLA NA OIWI - TRANSPORTATION

Phone: Administration (808) 969-9220

Address: 1438 Kilauea Ave. Hilo, HI 96720

Hours: Mon. and Fri. 8:00 a.m.-4:30 p.m.

Eligibility: Must be a Registered Client.

Services Provided: Two days available for transport, Monday or Friday, **for medical appointments only.** ***NOTE:** Please call at least one week ahead of time to schedule pick up and to register if not a client.

Website: <https://hmono.org/>

THIS DIRECTORY IS NOT MEANT TO BE ALL INCLUSIVE.

IF YOU NEED ASSISTANCE IN FINDING ADDITIONAL

**RESOURCES, CALL NEIGHBORHOOD PLACE OF PUNA-
COORDINATION CENTER, AT
(808) 501-1413**

OR CALL

ALOHA UNITED WAY, AT 2-1-1

**PLEASE NOTE: HOURS OF OPERATION AND ACCESS MAY
CHANGE DUE TO STATE COVID-19 PROTOCOLS**

INDEX

A

Access Capabilities Inc.	11
Adult Mental Health Division	53
Adult Protective Services	61
Affordable Lawyers Project	48
‘Aha Pūnana Leo	4
Alcoholics Anonymous	11
AlohaCare-Quest	37
Aloha Independent Living Hawaii	51
Aloha United Way	27
Alu Like Inc.	4
Angel Flight West	64
Arc of Hilo	5,43
Arrested Adults Information	48
American Lung Association	11,37

B

Bay Clinic	37
------------	----

	Big Island Housing Foundation	43
	Big Island Substance Abuse Council	11
	Boys & Girls Club	15
C		
	Care Hawaii	51
	Care Pack Parties (T. Teal)	38
	Catholic Charities	56
	Child & Adolescent Mental Health Division	16
	Child Abuse Hotline	15
	Children with Special Health Needs	17
	Coordinated Services for the Elderly	58
	Council for Native Hawaiian Advancement	58
	Crisis Access Line	51
D		
	Department of Human Services	5,19,55,61
	Department of Health	16,17,35,52,53
	Disability & Communication Access Board	5
	Domestic Violence Advocate - CFS	27
	Domestic Violence Action Center	28
	Domestic Violence Family Services	27
	Domestic Violence/Sexual Assault Unit	28,48
E		
	Easter Seals	18
	Epic Ohana Inc.	17
	Elderly Recreation Services	59
F		
	Families as Allies - Hawaii	53
	Family Visitation Centers	18
	Family Guidance Center	52
	First to Work- DHS	19
	Food Basket	35
G		
	Going Home Hawaii	12
	Goodwill Industries of Hawaii	6
H		
	Hale Ohana Domestic Abuse Shelter-CFS	28
	Hale Kaulike Self Help Center	48
	Hawaii Cares	51
	Hawaii Care Choices	54
	Hawaiian Community Assets	7
	Hawaii Behavioral Health	53
	Hawaii Community Lending	31
	Hawaii County Financial Empowerment Center	32

Hawaii First Federal Credit Union	31
Hawaii Island Adult Care	59
Hawaii Island Home for Recovery	44
Hawaii Island Sober Living Honu House	12
Hawaii Island Young Life	56
Hawaii Online Pro Bono	49
Hawaii Small Business Development Center	63
Hawaii Island Small Business Kamaaina Directory	63
Hawaii Small Business Grants	63
Hawaii State Judiciary - eCourt Kokua	49
Hawaii Youth Challenge	8
Hawaii Police Department	49
Hawaii Rise Foundation	7
Head Start Program	20
Hele On Bus	64
HCEOC Hawaii Community Economic Council	64
Hilo Urgent Care	39
Hilo Vet Center	53
Hawaii Adult Care, Inc (HIAC)	59
HMSA	39,65
Ho'ola Farms - Hawaii Farm-to-Car	33
Ho'ola Na Pua	61
Ho'ola Farms - Veterans Services	8
Hope Services Hawaii	44
Hospice of Kona	54
Housing and Community Development Corporation	44
Hui Malama Ola Na Oihi	39,65
I	
Immigration and Naturalization	29
J	
Job Corps	8
Juvenile Aid Section DV/SA Unit HPD	28
K	
Kea'au Urgent Care	39
Kauhale Olu Apartments	46
Keiki O Ka Aina Family Learning Center	56
Kona Urgent Care	39
Kona Vet Center	54
Ku Aloha Ola Mau	13
Ku'ikahi Mediation Center	49
Kumukahi Health + Wellness	39
Kupuna Pantry	60
L	
La'i'Opua Lapa'au Health Academy	8
Legal Aid Society of Hawaii	29

	Leadership in Disabilities and Achievement of Hawaii	20
	Lokahi Treatment Center	13
M		
	Ma`i Movement	40
	Med-quest Division	40
	Mutual Self-Help Housing Program	46
N		
	Narcotics Anonymous	13
	National Center for Missing and Exploited Children	20
	National Domestic Violence Hotline	27
	National Foster Parent Association	20
	Neighborhood Place of Kona	21
	Neighborhood Place of Puna	21
	Nest for Families	22
	Notary Public Services	50
O		
	Office of Aging	59
	Office of Hawaiian Affairs	9,63
P		
	Parent Line	57
	Parents, Inc.	57
	Partners in Development Foundation	22
	People Attentive to Children	22
	Poison Control	41
	Project Vision Hawaii	41
	Public Health Nursing	35
Q		
	Queen Liliuokalani Children's Center	23
S		
	Salvation Army Youth services/Family Intervention	24,35,47
	School Based Health Center	41
	Self-Help Center	48
	Senior Farmers Market	60
	Sex Abuse Treatment Services	61
	Sexual Assault Hotline	61
	Sexual Abuse Treatment Center Hotline	61
	Social Security Administration	55
	Special Education Diagnostic Services	8
	State of Hawaii - Starting a Business	63
T		
	The Kohala Center	9
	Turning Point For Families - Alternatives to Violence	29
	Tutu and Me Ohana Support (PIDF)	25

U

Upward Bound	9
U.S. Small Business Administration	63
Ulu Wini Family Assessment Center	47

V

Victim Witness Assistance Program	29,49,50
Vocational Rehabilitation	55
Volunteer Legal Services Hawaii	30

W

Waipahu Community School for Adults	10
Waimea Urgent Care	42
WIA Youth Program	10
W.I.C.	35
Workforce Development Council	10

Y

YouthLine - Lines for Life	25
YWCA of Hawaii Island	25
YWCA - Sexual Assault Support Service	62

Z**#**

808 Homeless Task Force	43
-------------------------	----